

APS CELEBRATES THE 71 REPUBLIC DAY

26 January being a Sunday this year, Republic Day was celebrated on 24 January in the Primary Wing as school is off for the students on Saturday, and on 25 January 2020 in the Senior Wing. Special Morning Assemblies were held on both days.

Brig Amaresh Panwar, CSO HQ 11 Corps, Chairman APS Jalandhar, graced the occasion as Chief Guest in the Senior Wing whereas Principal Dr Saksham Singh presided over the celebrations in the Primary Wing.

In the Primary Wing, the assembly began with the rendition of 'Saare Jahaan Se Acchha Hindostan Hamara' by the staff and students. Recitation of a patriotic poem and a speech on the significance of the day by children of class I, followed by a March Past by the members of the Junior Students Council and the Principal's address explaining to the youngsters the story of how the Indian Constitution came to be, what it stands for and what it means to us, were the highlights of the programme. The celebration came to a close with a tri coloured dance presentation on a catchy patriotic song, and everyone joining in to sing the National Anthem.

In the Senior Wing the proceedings commenced with the Chief Guest hoisting the Indian Tricolour and everyone present joining in to sing the National Anthem. Children from class VII sang a patriotic song and presented a dance drama honouring martyrs. Principal Dr Saksham Singh recited some famous inspirational slogans given by our great leaders and motivated children to honour their spirit and do their best in whatever they do in life. Chief Guest Brig Amaresh Panwar, in his speech, inspired the children to learn from patriots and always be motivated, disciplined and dutiful in life.



Brig Amaresh Panwar
Chairman APS Jalandhar
hoisting the Indian Tricolour



The school choir singing a
patriotic song



Students in full patriotic fervour



We salute you O Motherland



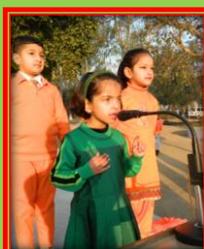
Students from class VIII
paying a musical tribute
to martyrs



Principal Dr Saksham Singh
addressing the students



Rohan and Preksha from class I
reciting patriotic poems



Children from class III and IV singing 'Shanti geet
gaye ja"



The Junior Students Council
in action



The Tri coloured participants posing
with the Principal and Headmistress



Greetings Everyone!

OUR ACHIEVERS

IIT JEE MAINS 1

30 students from class XII appeared for the IIT JEE Mains 1, the first step towards qualifying for admission in the 'Elitest' Engineering Colleges of the country. All of them did well and are now preparing for the next round, alongside their CBSE Board Exams.

4 of our students excelled at this level scoring above 90%.



Anurudh Kumar 99.6%



Harsimrat Singh Kahlon 97.6%



Aakash Sharma 93.1%



Rohan Rana 92.9%

PEDALLING PROWESS

Joydeep Dabhi, IX D, cycled a distance of 750 kms as the youngest member of a team of adventurers from Chandigarh to the border village of Chitkul in Himachal Pradesh.



BUDDING BEAUTY QUEEN

Srabni Bagdi, IX D, competed in the Miss Jalandhar Beauty Pageant and danced and sang her way to the top. She will now be representing Jalandhar in the Miss Punjab Contest to be held shortly.



SOF INTERNATIONAL ENGLISH OLYMPIAD SCHOOL LEVEL CLASS TOPPERS



Back Row (Left to Right): Janmejay VII E, Ajay Raj Singh VIII H, Shanti Priya VIII D, Archit Sharma IX C, Sukrit Sharma IX G, Tanveer Kaur VII H

Front Row: Ms Pooja Rani Sharma, Sujeet Padhy VI B, Armaan Bhardwaj VI A, Palak Rana VI G, Vijaya Singha VII C, Dr Saksham Singh Principal, Ms Mandeep Talwar Vice Principal, Nitya Singh VIII A, Smridhi Dhir IX C, Anshika V H, Akshita V H, Deevansh Rawat V G, Ms Tina Dadwal



G Prajwal II B, Pari I C, Anshika II H, Sidharth II G, Ayush S Dhere I B posing with Headmistress Ms Shallu Sharma



A N Harshini III A, Yash K Kedare III B, Sehajpreet Kaur III B, Gurman Kaur IV E with the Headmistress

ACTIVITIES REPORT

BHARAT SCOUTS & GUIDES ANNUAL CAMP 28 – 30 JANUARY 2020

The Annual Bharat Scouts & Guides camp was held at Army Public School Jalandhar Cantt from 28 January to 30 January 2020. 75 scouts and 75 guides from class VI to VIII attended this camp. The camp was inaugurated by Brig H S Sohi, SC, SM, Offg Commander 91 Sub Area, in the presence of Ms Neeta Kashyap SOC Punjab Guides, Mr Hemant Kumar ASOC Punjab Scouts and Principal Dr Saksham Singh. The Scouts and Guides were taught survival without shelter in difficult conditions, making best use of whatever is available around us. Under the guidance of Mr Balanand Jha TGT Sanskrit, Ms Sumalik Saini TGT Hindi and Ms Abhilasha Vashisht TGT Mathematics, the children learnt how to make tents using bedsheets and bamboo poles, how to prepare food without use of fire and how to fight fire. They also enjoyed fun events like the Lemon and Spoon Race, Hurdles Race, Slow Cycling Race, Musical Chairs and some ball games. The aim of the camp was to develop virtues like team work, leadership, time management and quick thinking.



The Chief Guest being escorted to the venue by the Principal



Singing the Scouts and Guides Anthem



Scout Avinash Kumar VII E leading the Oath Taking Ceremony



Fire Fighting Drill



Slow Cycling ... Really Difficult



Playing Passing The Ball



Cooking Without Fire... See what we created



Hurdles Race in progress

ACTIVITIES REPORT

PARIKSHA PE CHARCHA 13 JANUARY 2020

As part of a Government initiative to help students cope with exam related stress, a number of activities were organised for students of senior classes. On the spot Poster Making, motivational talks by the alumni, joint counselling sessions for parents and children, were some of the activities conducted as part of this campaign.

ACTION FROM THE PRIMARY WING

MASK MAKING: 10 JANUARY 2020



Parina Khanna an alumna, advising students on how to prepare for examinations without feeling stressed



Children showing off their creations

MATHEMATICS QUIZ: 17 JANUARY 2020



School Counsellor Mrs Vibha Bhardwaj advising parents on how to help their children remain stress free while studying for exams



The Quizzers in action Quiz teams with their mentors

INTER HOUSE SKIPPING COMPETITION 22 JANUARY 2020



Posters made by Shrutismita Sahoo XI D and Raghvi Thakur XI C in the On the spot Poster Making Contest for class XI on the theme 'Stress'



Get, Set, Skip!!!

CBSE's READING CHALLENGE 20 JANUARY 2020

To promote reading literacy amongst learners CBSE organised a reading challenge wherein students were required to read material provided and solve a related questionnaire in a limited time. 120 students from class VIII and IX participated in phase 1 of the exercise.

ENGLISH STORY TELLING: 24 JANUARY 2020



Let's see how we fare...



Prize winning narrations

Family by Anuva IV D, The Proud Rose by Ayush Mondal II A

SPECIAL CELEBRATIONS

LOHRI



Girls from class VI to VIII performing Giddha



The participants posing with the Principal



Mrs Sukhwinderjit explaining the significance of the festival



Girls from class III dancing joyfully



Mrs Manisha Panwar Principal VAPPS Jalandhar and Dr Saksham Singh Principal APS, gracing the ceremonial bonfire.



Staff members enjoying Giddha

ARMY DAY



Sparsh Rana IV G speaking on the significance of Army Day



Children of class IV and VIII saluting the soldiers' valour through dance dramas



Saluting the Soldiers: A musical tribute by class V and VI



Street play by class VII

EXCURSION TOURS

RAIL COACH FACTORY KAPURTHALA: 11 & 18 JANUARY 2020

102 students from class XI (Science stream) visited the RCF Kapurthala, under supervision of their respective teachers in two separate batches. They got to see newly built railway coaches, and also gathered information on the material used, time needed to build one coach, types of coaches built there, and explored railway engineering as a career option. A pretty inspiring visit.



We had fun and learnt a lot!

ARMY EQUIPMENT VIEWING: 20 JANUARY 2020

HQ 11 Corps organised a weapons and equipment display at the Katoch Stadium to motivate children to join the Army. 120 children from class VIII, IX, XI, duly accompanied by teachers, went for the viewing and came back inspired.



The happy visitors

CLUBBING FUN...

SCHOOL INTERACT CLUB INSTALLATION CEREMONY: 11 JANUARY 2020

To inculcate a spirit of responsibility, cooperation and compassion towards society, The Interact Club, an offshoot of The Rotary Club has been established at Army Public School Jalandhar. The installation ceremony of the office bearers and members was held on 11 January 2020 under the able guidance of Principal Dr Saksham Singh presided over by prominent city Rotarians. The Installation Officer was IPDG Rotarian Barjesh Singhal. He was accompanied by Rotary Club President Rotarian Devinder Kumar Gupta, Secretary Rotarian Abhishek Chaudhary, Project Director Past President Rotarian G S Kanda, Rotarian Prabhpal Singh Pannu and Rotarian Krishan Arora. The guests motivated the students to contribute in making the world a better place to live in.



Club Secretary Rajat Kaushal and Club President Malvika Tiwari posing with the Rotarians and the Principal



Lavni, Club President 2018-2019 handing over the reins to the new Club President Malvika

COUNSELLING SESSIONS CONDUCTED DURING THE MONTH

INDIVIDUAL COUNSELLING

Sessions by Principal Dr Saksham Singh

- ❖ 8 January 2020: One student from class IX and one from class X, were guided on developing study skills
- ❖ 10 January 2020: One class XII child was coached on how to prepare for his upcoming SSB interview and one child from class X was counselled on overcoming behavioural issues
- ❖ 15 January 2020: One child from class XI was made to realise the consequences of bunking school
- ❖ 16 January 2020: Parents of a class XII child were guided on helping their child develop a realistic approach to life
- ❖ 23 January 2020: A child from class IX, along with his father, were counselled jointly on helping the child cope with health issues and be able to prepare well for his exams.

Sessions by School Counsellor Ms Vibha Bhardwaj

- ❖ 7 January 2020: One child from class IX was helped to identify his learning problems and plan strategies to study for his exams
- ❖ 15 January 2020: Two brothers from class VII and XII who lost their mother to Cancer were counselled on how to cope with their loss.
- ❖ 20 January 2020: One child from class IX, along with his parents, were advised on coping with the child's behavioural issues
- ❖ 22 January 2020: : A child from class IX and his father, were counselled jointly on helping the child cope with health issues and prepare well for his exams.
- ❖ Group sessions for students of all classes were conducted to guide students on how to prepare for their upcoming Annual Examinations.

Sessions by Interact Club Members

- ❖ 24 January 2020: Interact Club Members from class IX and XI conducted sessions on inculcation of moral values for their school mates from class VI – VIII.

TEACHERS ON SPECIAL ASSIGNMENTS

The following PGTs were deputed as Observers / External Examiners for CBSE Board Practical Examinations in various CBSE Affiliated schools of the region

- ❖ Ms Kamaljeet Kaur Bajwa PGT English: Observer
- ❖ Mr Naveen Sethi PGT Mathematics: Observer
- ❖ Mr Harinder Singh Bhatti PGT Fine Arts: External Examiner
- ❖ Mr Gagan Chadha PGT Computer Science: External Examiner
- ❖ Ms Gurpreet Kaur PGT Commerce: External Examiner
- ❖ Mr Gurpreet Singh Jaswal PGT Physical Education: External Examiner
- ❖ Mr Lucky Goura PGT Chemistry: External Examiner
- ❖ Mr Arun Gupta PGT Chemistry: External Examiner
- ❖ Ms Misha Santha Kumari PGT Biology: External Examiner

The following teachers attended different external Faculty Enrichment Programmes during the month:

- ❖ Mr Gagan Chadha PGT Computer Science attended the CBSE Annual Training Cum Orientation Program for Nodal Examination Trainers at DAV Public School, Ludhiana on 11 January 2020.
- ❖ Mrs Anju Setia TGT Sanskrit attended a CBSE Capacity Building Program on 'Zero Investment Innovation for Education' at Cambridge International School for Girls, Jalandhar on 11 January 2020.
- ❖ Mrs Babita Sharma PRT attended the Primary Teachers Workshop No 182 from 13 to 17 January 2020 at the FDRC, Delhi.
- ❖ Mrs Meenakshi Salwan PRT attended a CBSE Capacity Building Program on 'Zero Investment Innovation for Education' at Dayanand Model School, Model Town Jalandhar on 27 January 2020.
- ❖ Mrs Vibha Bhardwaj School Counsellor and Mr Naveen Sethi PGT Mathematics attended a master class on 'Art of Memorising' at Lovely Professional University Phagwara, on 31 January 2020.

FORTHCOMING ACTIVITIES FEBRUARY 2020

14 February 2020	Class IX and XI Annual Examinations commence
15 February 2020	Class X & XII CBSE Board Examinations commence
26 February 2020	Class I-II Evaluation III, Class III-VIII Annual Examinations commence
07 February 2020	Karate Kid Class I – IV
12 February 2020	3 Leg Race Class I – IV
14 February 2020	Inter House Drill Competition Class I – IV
21 February 2020	Inter House Yoga Competition Class I – IV
28 February 2020	Spell Bee Class I – IV

EDITORIAL BOARD

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