



# THE JAPSIAN CHRONICLE

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Monthly E-Newsletter

## EXCELLENCE PERSONIFIED...



Shruti Majumdar

Winner Regional Brain Bee Quiz

Selected to represent the North Zone at the National Level



Gaurav Singh

Winner CBSE Regional Science Project Building Contest

Selected to exhibit his Model on 'Sustainable Development With A Thrust On Water Conservation' at the CBSE National Science Project Building Exhibition



Shaurya Sharma and Arasshjit Sandhu

Winners Chairman's Inter School English Debate Rolling Trophy

Arasshjit Sandhu was declared Best Speaker



Yogya Bhalla

Winner North Zone Sub Jr Feeder Golf Tournament



# EXCELLENCE INCORPORATED...

## FELICITATION CEREMONY: 09 NOVEMBER 2019

Brig Amaresh Panwar, CSO HQ 11 Corps, Chairman APS Jalandhar, graced the felicitation ceremony held to laude the efforts and further encourage, teachers and students of APS Jalandhar, who produced commendable results in the 2019 CBSE Board Exams, as the Chief Guest. While the students were awarded cash incentives as part of the Corps Commander's Scholarship for children of Army personnel, the PGTs and TGTs teaching class XII and X also received cash prizes, as per their performance.

To show their reverence towards their teachers, children of the Middle School classes presented a skit titled 'Guru Ki Mahima', on the occasion.



The proud performers receiving their reward from the Chief Guest.

Rajkamal receiving the Corps Commander's Scholarship

Mr Gagan Chadha, PGT Computers and Ms Anmol TGT English being felicitated.



The proud scholarship winners posing with the Chairman and Principal

Chairman Brig Amaresh Panwar and Principal Dr Saksham Singh with the PGTs

The TGTs posing with the Chairman and Principal

## GURU KI MAHIMA:OUR TEACHERS OUR MENTORS: A SKIT





# WE ARE PROUD OF

## CBSE INTER SCHOOL SCIENCE PROJECTS EXHIBITION

19-20 NOVEMBER, 2019

The CBSE conducted an Inter School Science Exhibition at Guru Harkishan Senior Secondary School Amritsar, on 19 and 20 November 2019, on the theme 'Sustainable Development With A Thrust On Water Conservation'. 105 CBSE affiliated schools participated and exhibited 151 projects. APS Jalandhar was represented by Gaurav Singh XI C, Chayan Mondal X A and Chetan IX D who put up two models on the theme, 'Resource Management'.

While both models were greatly appreciated by the judges, Gaurav Singh's model was picked out to compete at the National Level. Good Luck to him!



Gaurav Singh with his Prize Winning Model



Chayan and Chetan posing with their creation

DAV University Jalandhar, organised 'Youth Flair', an Inter School bonanza, aimed at inspiring students to choose the right career and exhibit their creativity, on 20 November, 2019. 1500 participants from 26 schools competed in various events, to prove their mettle. 42 students represented APS Jalandhar and won many awards.

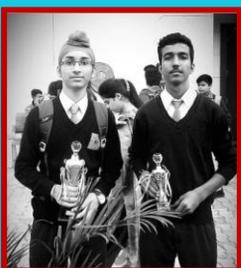
Shabhaj Singh bagged the First Prize in Logic Building.

Ankush Kumar stood Second in Logo Designing

Arjun Shukla and Arshu bagged the Second Place in Riddle Solving.

Ankit Kumar was placed Second in Lock Breaking

Basharat Kaur won Third Place in Mono Acting.



Shabhaj Singh and Ankush with their trophies



Showcasing their creations :The Fine Arts Team



Arshu and Arjun receiving their trophy from the Chief Guest

Ankit Kumar the 'Lock Breaker' showing off his Merit Certificate



'Guest of Honour' Memento presented by the organizers to Principal Dr Saksham Singh

# CONQUER YOURSELF: A CREATIVE ARTS CONTEST

St. Soldier Divine Public School, Jalandhar organised **CONQUER YOURSELF**, an Inter School Creative Arts Contest on 22 November 2019. 14 schools participated in various contests. APS Jalandhar was represented by 20 students. They did us proud by winning lots of laurels.

In Clay Modelling, Yogya Bhalla of V F won the First Position

In Solo Dance Aditi Dash of IX E stood Second

In Power Point Presentation Making, Arshu of XI C & Uma os XI A bagged the Second Prize

In the Science Model Making Contest , Shivanshu of VIII B won the Second Position

The School's Group Dance Team was placed Third.

**Felicitation Time.....**

**Winners receiving their due...**



Shivanshu receiving his reward



Aditi Dash being honoured

Yogya Bhalla being felicitated



Arshu and Uma receiving their Certificates of Excellence



The dancers posing with their Certificates of Excellence



## THE MYSTERIOUS PERIODIC TABLE

Dr Prachi from the Department of Chemistry, Lovely Professional University conducted a session to build awareness and interest about the mysteries of the Periodic Table of Elements for the students of Class XI and XII.



# CLASS EXCURSION TOURS

## VISIT TO JUNG-E-AZAADI MEMORIAL, KARTARPUR :15 NOVEMBER 2019

320 students from class VIII, duly accompanied by teachers, visited the said memorial on an educational tour. There they were shown a documentary on the valour of our freedom fighters in their struggle for Independence from the British rule. Following this they visited various Picture Galleries showcasing important events marking the struggle for freedom. A fun filled, motivational time for the children!



## FUN DAY OUT AT NIKKU PARK JALANDHAR

Children from class I-V, enjoyed their days out, hanging on and jumping up and down rides, at Nikku Park, Model Town. Duly accompanied by their teachers, over a period of two weeks, classwise, the Primary Wing excitedly occupied Nikku Park, enjoying the wonderful rides there.



# INTER HOUSE HINDI POETICAL RECITATION, CLASS I - IV 08 NOVEMBER 2019



Students reciting their poems and posing with their mentors for building memories

## INTER HOUSE ENGLISH SKIT COMPETITION, CLASS I-IV : 08 NOVEMBER 2019



## CLUBBING FUN..... THE ART CONNOISSEURS



We learnt about Tribal Art forms this session...

## DROP EVERYTHING AND READ: (D.E.A.R) THE READERS CLUB



Reading time: Know your author

# CLASS EXCURSION TOUR TO PUSHPA GUJRAL SCIENCE CITY KAPURTHALA: 16 NOVEMBER 2019

The students of class IX, duly accompanied by their teachers, visited Science City. There they enjoyed a space voyage in a 'Space Simulator', experienced what they would weigh on planets other than earth, watched a film on 'Climate change', and enjoyed the company of dinosaurs in the Dinosaur Park. A day full of fun filled learning.



## PRINCIPAL'S COUNSEL

Dr Saksham Singh, Principal APS Jalandhar, takes time out of her very demanding schedule to interact with the students to address their concerns and offer her expert guidance in every field. She lays special stress on conducting counselling sessions for students from class IX-XII, to get them to confide in her about any fears, concerns, queries they might have with regard to their preparation for the upcoming CBSE Board Examinations, and help them overcome their fears and follow suitable strategies to prepare and do well. Besides collective sessions, she also conducts individual counselling for children requiring extra attention.



Principal Dr Saksham Singh addressing the queries of class X students



Principal Dr Saksham Singh addressing the concerns of class XII students



Counselling Sessions conducted by Principal Dr Saksham Singh in November 2019

- 5 November, 2019 : Collective Counselling of below average performers from class X and XII  
Individual Counselling for needy XI students
- 13 November, 2019 : Collective Counselling of top ten achievers from class XII
- 15-16 November, 2019 : Collective Counselling of top ten achievers from class X

# BHARAT SCOUTS & GUIDES TRAINING SESSION 01 NOVEMBER 2019



Learning to tie different types of knots



Learning marching and parading skills



# BHARAT SCOUTS & GUIDES DAY 07 NOVEMBER 2019



Showing unity is strength



Singing the Scouts and Guides Anthem



Showing the garbage collected as part of community service conducted.

## BRUCE LEE KARATEKAS



Practising kicks for self defence in case of a street fight

## RHYTHMIC YOGIS



Rakshanda & Riya practising balancing



Practising stamina building exercises



Sunidhi performing the Ekpada Sikand Asana

## ROBOTICS CLUB



David Raj and Tarun Kumar showing off the dancing robot they built.

## NATURE NURTURERS Creating Wonders Out of Waste



B Hema Akshitha, Bittu Kumari and Soni with their creations

## MATHS PIRATES



Learning basics of Vedic Mathematics

# NEWS FROM THE JUNIOR'S ACTIVITY LAND

## STORY NARRATION COMPETITION, CLASS V

### 08 NOVEMBER 2019



The happy narrators with their props



## CHILDREN'S DAY CELEBRATION: 14 NOVEMBER '19

### FANCY DRESS COMPETITION CLASS I-V

14 NOVEMBER 2019



Save Mother Earth



Picture time for the participants with the Principal and Vice Principal



Say NO to poly bags

## MAGIC SHOW: 14 NOVEMBER 2019



Principal Dr Saksham Singh joins the Master Magician in performing tricks



Master Magician Mr Rajeshwar Prasad enthralling the children



## SANDWICH MAKING CONTEST, CLASS V

### 15 NOVEMBER 2019



Busy at work....



Our Yummy Creations



## COUNSELLING SESSIONS CONDUCTED DURING THE MONTH



Capt (Dr) Pooja Kumari, MO addressing the girl students about Adolescent Health and Hygiene on 06 November 2019



**Prevention is better than cure**  
07 November 2019: National Cancer Awareness Day  
Lt Col (Dr) Tripti Aggarwal, PHO addressing the students

### COUNSELLING SESSIONS CONDUCTED BY THE SCHOOL COUNSELLOR MRS VIBHA BHARDWAJ

05 November '19:	Individual counselling of class X and XII students to help them overcome anxiety and fear and prepare well for their upcoming CBSE Board Exams.
08 November '19:	Group Counselling session on 'Good and bad touch' and 'Sense of belongingness to school', for class III
13 November '19	Group Counselling session on 'Good classroom behaviour', for class VII A Class Activity on 'Knowing yourself', for class V B
14 November '19	Class Activity on 'Knowing one's talent', for class VI C and VI G
15 November '19	Group Counselling session on 'Good and bad touch' for class III
16 November '19	Group Counselling on 'Appropriate behaviour and importance of studies', for class XI D Career Counselling session for class XII D
18 November '19	Class Activity on 'Knowing yourself', for class VII D
19 November '19	Class Activity on 'Knowing yourself', and individual counselling on behavioral issues, for class VIIG
21 November '19	Class Talk on 'Appropriate classroom behaviour' and 'Study skills' and individual counselling on behavioral issues for class XI B
22 November '19	Group Counselling on 'Good manners' for class I

### FORTHCOMING ACTIVITIES: DECEMBER, 2019

	<b>PRIMARY WING</b>
02-05 December, 2019	Evaluation II Class I & II Unit Test II Class III - V
06 December, 2019	Morning Assembly on Flag Day Class I – IV GK Quiz Class V
13 December, 2019	Groundnut/Pista Shell Creativity Class I – IV Group Dancing: Folk Class V
20 December, 2019	Christmas Corner Decoration Competition Class I – IV Gift Wrapping Class V
27 December, 2019	New Year Card Making Competition Class I - IV
	<b>SENIOR WING</b>
29 November – 06 December, 2019	Unit Test II, Class VI – IX and XI
03 December, 2019	Counselling Session on AIDS Awareness for girls
04 December, 2019	Counselling Session on AIDS Awareness for boys
06 December, 2019	Clubbing Class VI - XII
13 December, 2019	Poetical Recitation - Sanskrit, Punjabi Class VI – VIII Punjabi Poetical Recitation Class IX – XII
20 December, 2019	Clubbing Class VI - XII

### EDITORIAL BOARD

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