



School CBSE Affiliation Number: 1680003

THE JAPSIAN CHRONICLE

A MONTHLY SCHOOL E-NEWSLETTER

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AWARENESS SESSIONS 2024

ENHANCING CHILD SAFETY AWARENESS AND UNDERSTANDING THE POCSO ACT OF 2012 30 APRIL 2024 – 01 MAY 2024

Facilitators: Col Alankar, CEO, IRIS Team and Ms. Anudita Kapoor, Career Counselor

Attendees: Principal Dr Saksham Singh, Vice Principal Ms Mandeep Talwar, Col Baljit Singh, SO, 6 Teachers from VAAPS, 25 students and 5 teachers from APS Beas, students and teachers from Classes IX-XII.

To make children aware of their right to safety in every way at every place, and to educate teachers on how to ensure safety of children in the school premises, and awareness session on the basics of the 2012 POCSO Act was held in the school MP Hall. The visiting experts educated the children and staff on how to practise and ensure safety for students in school.



Highlights of the workshop in pictures

ORIENTATION PROGRAM FOR PARENTS: 20 APRIL 2024

Resource person: Principal Dr Saksham Singh

Attendees: Parents of students from Classes V to XII

To apprise the parents of the school's schedule for the session 2024-25 with regards to the school timings, conduct of examinations and other important issues for the parents to be aware of, an orientation session was conducted. The parents' response was enthusiastic.



Dr Saksham Singh, Principal addressing the Parents

IN-DEPTH EXPLORATION OF POSH 2013 ACT AND POCSO ACT 2012 30 APRIL 2024

Facilitators: Col Alankar, CEO, IRIS Team and Ms. Anudita Kapoor, Career Counselor

Attendees: Principal Dr Saksham Singh, Vice Principal Ms Mandeep Talwar, Col Baljit Singh, SO, Mrs. Kavita Sharma, Principal, VAAPS, 6 Teachers from VAAPS, 4 Teachers from APS Beas, Teaching faculty of APS, JRC.

To make the teaching fraternity aware of their rights in the work place and a safe working environment for all, the basics of the POSH(Prevention of Sexual Harassment) in the workplace Act 2013, were explained to the attendees by the experts.

Also, their role as educators to ensure the safety of children in every way, and repercussions on their failure to do so, were conveyed. An enlightening session indeed.



Highlights of the workshop in pictures

SESSION ON AWARENESS ABOUT SIFFCY: 25 APRIL 2024

Resource Person: Mr JP Singh, Senior Manager, Smile Foundation

In Attendance: Students and teachers from Class VIII & IX

The Smile International Film Festival for Children and Youth for the year 2024 was held from 9-15 April'24. Class XII students from APS Jalandhar had the honour of being nominated as jury members to nominate films for the best film category.

Besides this, on 25 April'24, the students from class VIII and IX watched the inspiring film Gattu. Later on they were addressed by Mr JP Singh, who told them about the initiative of the Smile Foundation, which was to inspire, educate, entertain and empower young minds through the medium of good cinema.



Mr J P Singh, Senior Manager, Smile Foundation addressing the students

The young jury members posing with Principal Dr Saksham Singh and the Resource Person

HEALTH AWARENESS SESSION: 10 APRIL 2024

Topic: My Health, My Right

Organiser: 4011 Field Regiment

Resource Person: Maj (Dr) DK Sahu and Capt (Dr) Sijo P Saji

In Attendance: Students from class X and XII

In keeping with the theme for World Health Day 2024 and to educate students about the importance of good physical and mental health, an awareness session was held in the school premises. It was emphasized that health is a state of complete physical, mental and social well being and not merely the absence of diseases, as believed by us.



The Session in progress

AWES RAISING DAY CELEBRATION: 29 APRIL 2024

Army Welfare Education Society (AWES), is the mother body under whose aegis, 137 schools and 12 professional training colleges are run in cantonments and military stations across the country. These institutions ensure quality education and holistic development of children of Indian Army personnel at school level and facilitate their growth into competent professionals in the fields of medicine, nursing, engineering, law, teaching, fashion designing and management. Here is a glimpse of activities held at APS Jalandhar to mark the 42nd AWES Raising Day...



An artistic tribute...



Children and their mentors release balloons of happiness to mark the occasion.



SPECIAL ASSEMBLY ON OCCASION OF BAIKAKHI: 12 APRIL 2024

Students of class X J conducted a special assembly on Baisakhi featuring Ardaas, a vibrant group dance, and an engaging act, celebrating the festival's significance and fostering cultural unity. The act performed during the Baisakhi assembly was a lively depiction of the festival's cultural significance and historical context.



Class XJ depicting the historical and religious significance of the festival



Inter House Quiz Competition, Class IX



Collage Making Activity, Class V

ACHIEVEMENTS IN SPORTS



Master Himanshu Sharma, XII D, Gold medalist, International Karate Duo Championship: 13th April 2024



Master Gurshan Singh, Bronze Medalist, Colonel's Sharp Shooters Tournament posing with his mentors



Master Ayaan Singh Chauhan, Class X, Jr Divn NCC Cadet, APS Jalandhar, Winner Best NCC Cadet Award and a cash prize of Rs 4500/-



AWES Song Group Singing, Class VI-VIII

CSRL SCHOLARSHIP ELIGIBILITY TEST: 17 APRIL 2024

Venue: APS Jalandhar

Participants: 75 students from all APSs under 11 Corps



The test in progress...

SOF OLYMPIAD 2023 TOPPERS FACILITATED: 22 APRIL 2024

SOF is an organisation that conducts nation wide proficiency tests in various subjects for school children. The children who excel at the school/state/national level are awarded gold/ silver/ bronze medals, certificates of merit as well as cash incentives, at certain levels.



The 2023 batch of winners posing with their mentors

FOGGING FOR MOSQUITO CONTROL 17 APRIL 2024



CO CURRICULAR ACTIVITIES

MEET AND GREET, CLASS I – IV: 05 APRIL 2024



Master Madhavan Ananta I B Master Subhansh Singh II A Miss Ismriti III B Miss Khushi IV F

HOUSE ORIENTATION PROGRAMME: 09 APRIL 2024



House Mistresses addressing the children

NAPKIN FOLDING AND TABLE MAT MAKING CLASS I – IV: 12 APRIL 2024



Miss Yashita Thakur I B Master Parav Khepar II H Master B Guneet III E Master Shaurya IV G

HOUSE WISE ACTIVITY ON BAISHAKHI



Drawing and Painting, Class V: Theme Baisakhi

Kite Making: Class VI to VIII



Wall Display Farmer's Appreciation: Class IX

SHOW AND TELL, CLASS I – IV: 19 APRIL 2024



Miss Dakshita Singh I B Miss Saanvi Prakash II E Miss Vasudha Tripathi III A Miss Sanvi Padhan IV G

INTER HOUSE RELAY, CLASS III: 25 APRIL 2024



CO CURRICULAR ACTIVITIES

MY HEALTHY PLATE, CLASS I – IV: 26 APRIL 2024



Miss Isha Biswas I C Master Aditya Shukla II A Miss P Thanu Santhi III B Master Avikh Kumar Patra IV E

INHOUSE FACULTY ENRICHMENT SESSIONS 01 APRIL 2024 TO 04 APRIL 2024



Principal Dr Saksham Singh complimenting the staff on completion of a successful session and encouraging them for future endeavours



Fitness through Yoga...



Tr Mr Paramveer TGT Fine Arts giving tips on 'Nurturing Creativity in Classrooms'



'Tips on Motivating children's, by Ms Vibha Bhardwaj, School Counsellor



'Developing Soft Skills', Session conducted by Mr KC Aggarwal, Soft Skills' Developer, LPU



SESSIONS FOR CLASS I-IV FACULTY MEMBERS: 20 APRIL '24



HM Ms Shallu Sharma addressing the staff



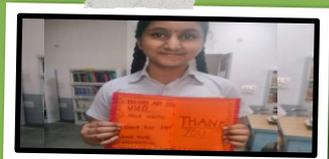
Tips on how to give basic first aid, by Ms Davinderjit, Nursing Assistant



The fifth month of the year in the Julian and Gregarian calendars, May has 31 days. It is named after the Greek Goddess Maia. According to Roman belief, May is named for the 'majores', ie elders (senior citizens). It signifies the onset of summers in the northern hemisphere and winter in the southern hemisphere.



CLUB ACTIVITIES: APRIL 2024



DEAR CLUB: PREPARING GREETING CARDS ON LIBRARY RULES



MATHS PIRATES CLUB : LEARNING IMPORTANCE OF MATHEMATICS IN DAILY LIFE



NATRAJ CLUB: LEARNING BASIC HAND AND FOOT MOVEMENTS OF CLASSICAL DANCE



NATURE NURTURE CLUB : LEARNING THE IMPORTANCE OF CONSERVATION OF ENVIRONMENT



E.B.S.B CLUB : WRITING ESSAY ON PARTNERING STATE OF PUNJAB AND HIMACHAL PRADESH



RANGMANCH CLUB: DELIVERING DIALOGUES IN DIFFERENT MOODS



ROBOTICS CLUB: DISCUSSING THE PROJECT IDEAS ON FIRE FIGHTING ROBOT, ARDUINO BASED VACUUM CLEANER



SANGEET VAHINI CLUB: EXPLORING SIMPLE RHYTHMIC FUNDAMENTALS ON DRUMS, CONGOS, AND GUITAR



SOCIAL DEVELOPMENT CLUB: THE SAFETY RULES TO PROTECT OURSELVES FROM SOCIAL MEDIA THREATS WERE EXPLAINED



ART CONNOISSEURS CLUB: LEARNING THE IMAGINATIVE, INNOVATIVE, AND VISUALLY APPEALING 3D MODELING BY USING MOULDIT CLAY AND ACRYLIC COLORS.



YUVA TOURISM CLUB : LEARNING 21ST CENTURY SKILLS



YOGA CLUB: LEARNING TO PERFORM YOGA



Weather - MAY 2024

S	M	T	W	T	F	S
						1 ☀️ 41° 27°
2 ☀️ 42° 27°	3 ☀️ 41° 27°	4 ☀️ 42° 27°	5 ☀️ 42° 27°	6 ☀️ 42° 28°	7 ☀️ 42° 28°	8 ☀️ 42° 28°
9 ☀️ 42° 28°	10 ☀️ 42° 27°	11 ☀️ 42° 28°	12 ☀️ 42° 29°	13 ☀️ 41° 29°	14 ☀️ 42° 29°	15 ☀️ 42° 29°
16 ☀️ 42° 29°	17 ☀️ 41° 28°	18 ☀️ 40° 28°	19 ☀️ 39° 28°	20 ☀️ 37° 26°	21 ☀️ 39° 28°	22 ☀️ 40° 28°
23 ☀️ 39° 28°	24 ☀️ 39° 27°	25 ☀️ 40° 28°	26 ☀️ 39° 28°	27 ☀️ 39° 27°	28 ☀️ 39° 28°	29 ☀️ 39° 28°
30 ☀️ 38° 28°						



WE ARE LOOKING FORWARD TO...

- 03.5.24:** Flower Pot Painting
Gift or Gratitude(Do it yourself)
English Poetry Recitation
English Poetry Writing
- 10.5.24:** Jewellery Making for Mummy
CBSE Activity: Science Challenge
- 17.5.24:** Creating Mandala Art / Paper Buddha Craft
- 22.5.24 - 31.5.24 :** Extra Classes Class X, XII
- 22.5.24:** Summer Break : Class I-IX, XI Commences



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Picture credit: Dr Saksham Singh, Principal

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