



School CBSE Affiliation Number: 1680003

# THE JAPSIAN CHRONICLE

A MONTHLY SCHOOL E-NEWSLETTER

VOLUME 6 ISSUE 4 AUGUST 2024

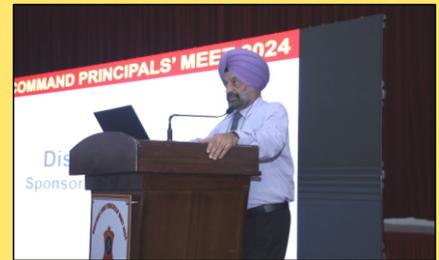
## GOC 11 CORPS VISITS APS JALANDHAR : 22 AUGUST

Lt Gen Ajay Chandpuria, AVSM, VSM, GOC 11 Corps, Senior Patron APS Jalandhar, graced the school with his presence on 22 August'24. He was accompanied by Brig Atul Bhaduria, VSM, Offg COS HQ 11 Corps, Offg Patron APS Jalandhar and other staff officers. He first visited the school's Senior Wing where he was greeted by Brig Navin Sahrawat, CSO HQ 11 Corps, Chairman APS Jalandhar, Principal Dr Saksham Singh and the Senior School Captains Miss Gunjan Nainwal and Master Sidharth Pillai. After a briefing about ongoing projects and general progress of the school by the Principal, he went around the school campus, interacting with the students and teachers. Thereafter, he and his entourage arrived at the Junior Wing where they were received by Ms Shallu Sharma, Headmistress and the Junior Student Council. He went around the Junior Primary block, met the children and senior teachers, and shared sweets with them.



## COMMAND PRINCIPALS MEET: 28-29 AUGUST 2024

The Western Command Annual Principals Meet was held at APS Jalandhar on 28 and 29 August'24. Lt Gen Manoj Kumar Katiyar, AVSM, GOC – in –C, Western Command, was the Chief Guest. MDAWES, his staff officers, Principals and members of the SAMCs of 36 APSs of the Western Command attended the two day event.



## SPECIAL ASSEMBLIES:

INDEPENDENCE DAY, CLASS V G, 14 AUGUST 2024



JANMASHTAMI, CLASS III C, 23 AUGUST 2024



Students of III C in various roles



## NUKKAD NATAK



Class VIII A, 20 Aug 2024, Theme Climate Change



Class VIII B, 21 August 2024, Theme Gender Equality



Class VIII J, 30 Aug 2024, Theme Drug Abuse

PRIZE DISTRIBUTION CEREMONY: 13 AUGUST 2024

Rang De Basanti Inter School Dance Contest: 12 August 2024

Host: DAVIET Jalandhar

Result: WINNER: APS Jalandhar



Winners posing with their certificates and medals



## COUNSELLING SESSIONS HELD

SESSION ON ORGAN DONATION AWARENESS: 5 AUGUST 2024

Resource Person: Maj(Dr) Madhivadhani S

Topic: Life saving potential of organ donation

In Attendance: Principal Dr Saksham Singh, VP Ms Mandeep Talwar, teachers of class VI-XII



Session on progress...

SEMINAR ON E-WASTE MANAGEMENT: 09 AUGUST 2024

Resource Persons: Mr Bipin Suman and Ms Surbhi from NGO PAHAL

In Attendance: Children and teachers from class X to XII, in three separate sessions.



Seminar in progress

## CO CURRICULAR ACTIVITIES

SAFE HANDS ON EXPERIMENT ACTIVITY, CLASS I TO V

02 AUGUST 2024



Bhavesh I C



Medha II A



Rudransh Mandal III B



Devesh Padwal IV C



Pranjali V E

PATRIOTIC GROUP SONG COMPETITION, CLASS I TO V

09 AUGUST 2024



Bhagat Singh House



Lakshmi Bai House



Sarojini House



Subhash Chander House

## CO CURRICULAR ACTIVITIES

### INDEPENDENCE DAY CELEBRATION ACTIVITIES



Stamp Designing Competition for classes VI-VIII



Nukkad Natak Competition for classes IX and XI



Tree Plantation on 14 August 2024 by the students of NCC.

### RAKHI THALI DECORATION ACTIVITY, CLASS I TO V 16 AUGUST 2024



Harjap I G



Nityam II E



Aankhi Dey III G



Rajalaxmi Lenka IV E



Riddhima V H

### ENGLISH AND PUNJABI DEBATE: 16 AUGUST 2024



Eknoor Kaur, XI C  
Winner English Debate



Sehajpreet Kaur, VIII G  
Winner Punjabi Debate

## CO CURRICULAR ACTIVITIES

### NATURE COLLAGE MAKING ACTIVITY, CLASS I TO V 23 AUGUST 2024



Class I G



Class II F



Class III G



Class IV G



Class V H

### INTER HOUSE ZUMBA COMPETITION, CLASS I TO V 30 AUGUST 2024



## SPLENDID SEPTEMBER

The ninth month of the year in the Gregorian Calendar, September is the third of four months having 30 days. Originally though, when the initial Roman Calendar consisting of ten months was followed, September was the seventh month and had 29 days. So, its name, comes from the Latin word 'septem', meaning seven. When two new months ie January and February were added to the calendar, September shifted to ninth place, got one additional day added on to it but, carried its name along.



Virgo

(Till 22 September)



Libra

(From 23 September onwards)



Sapphire

The Zodiac Signs and Birth Stone for people born in September

# CLUB ACTIVITIES: APRIL 2024



DEAR CLUB: Remembering Our Great Leaders



MATHS & RATES CLUB : Learning To Count Shapes In A Figure



NATRAJ CLUB: Learning Basic Steps Of "Kathak"



NATURE NURTURERS CLUB : Eco Friendly Rakhi



E.S.S.B CLUB : Learning about Personalities of Punjab, Andhra Pradesh



THE LITERATI CLUB: Role Play On Echoes of Freedom



YUVA TOURISM CLUB : Making Travel Brochures



ART CONNOISSEURS CLUB: Creative Collage Making



SOCIAL DEVELOPMENT CLUB: Role of Social Media in our life



YOGA CLUB: Practicing advanced Yogasanas

## STUDENT COUNSELLING SESSIONS HELD DURING THE MONTH OF AUGUST 2024 BY THE SCHOOL COUNSELLOR

DATE	CLASS	TOPIC COVERED
05.08.2024	IX E,X B	Class activity and Discussion on Communication Skills.
06.08.2024	IX G & J Boys,VIII A Girls	Counselling session and Discussion on Behaviour Management and Seeking help .
08.08.2024	VI C,IX E	Class activity on General Awareness.
09.08.2024	IX C,XI C	Class activity and Discussion on Communication Skills.
10.08.2024	IX B,D,X D,E,XI B,XII D	Class activity and Discussion on Communication Skills.
12.08.2024	VIII J XG Girls,X B,XII E	Counselling session and Discussion on Social Skills. Class activity and Discussion on Communication Skills.
13.08.2024	IX G,X A,XG	Counselling session and Discussion on Emotional Intelligence. Counselling session and Discussion on Interpersonal Skills. Counselling session and Discussion on Knowing each other.
14.08.2024	XI A	Class activity and Discussion on Communication Skills.
16.08.2024	IX C	Class activity and Discussion on Communication Skills.
20.08.2024	IX G,XG,XII F	Counselling session and Discussion on Emotional Intelligence. Class activity and Role Play on Interview Skills. Class talk on Behaviour Management.
21.08.2024	XI A,XI E	Class activity and Discussion on Emotional Intelligence. Class activity and Role Play on Interview Skills.
22.08.2024	IX A,IX F,XII G	Class activity and Discussion on Emotional Intelligence. Class talk and discussion on Fight-Flight-Freeze Responses. Class talk and discussion on Fight-Flight-Freeze Responses.
23.08.2024	IX C,X E	Class talk and discussion on Fight-Flight-Freeze Responses.
24.08.2024	X D,XI B	Class talk and discussion on Fight-Flight-Freeze Responses.
27.08.2024	IX G,X A,X G,XIIF	Class talk and discussion on Time Management. Class activity and Role Play on Interview Skills. Class activity and Discussion on Emotional Intelligence.

Counselling for students on Study Skills, Time Management, Career-related queries, and Adjustment issues is provided.  
During Class Counselling sessions, students are encouraged to send personal request messages to the counsellor for individual counselling. If required, follow up is done.  
Counselling for parents is also provided to help them to create a healthy and happy environment, for the overall wellness and good academic performance of their child.

## Weather - September 2024



S	M	T	W	T	F	S
1	2	3	4	5	6	7
32° 26°	32° 25°	33° 26°	32° 26°	32° 26°	32° 25°	32° 25°
8	9	10	11	12	13	14
32° 26°	32° 26°	33° 25°	33° 26°	32° 25°	33° 26°	33° 26°
15	16	17	18	19	20	21
32° 26°	32° 25°	32° 25°	33° 24°	32° 25°	33° 25°	32° 24°
22	23	24	25	26	27	28
32° 25°	33° 21°	33° 23°	33° 23°	34° 23°	34° 22°	34° 21°
29	30					
34° 21°	33° 20°					

TEMPERATURE GRAPH





## WE ARE LOOKING FORWARD TO...

### Forthcoming Activities

06.9.24: Wonders out of waste  
13 .9.24: Hindi Story Narration  
20.9.24: Cutting, pasting craft using pencil shavings  
27.9.24: English Extempore

### Forthcoming Examination:

Periodic Test II, Class I-V: 17.9.24 - 25.9.24  
Periodic Test II, Class VI-XII: 13.9.24 - 27.9.24



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Picture credit: Dr Saksham Singh, Principal

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