



School CBSE Affiliation Number: 1680003

THE JAPSIAN CHRONICLE

A MONTHLY SCHOOL E-NEWSLETTER

VOLUME 4 ISSUE 8 DECEMBER 2022

*Happy
New Year*

2023



With Best Wishes

Principal, Staff & Students

Army Public School, Jalandhar Cantt.

MOTIVATIONAL SESSIONS AT APS JALANDHAR

PRINCIPAL PARENT INTERACTION 16 DECEMBER 2022

An interactive session between Principal Dr Saksham Singh and parents of children of class X was held in school on 16 December 2022. The Principal addressed the concerns of the parents and guided them on 'Positive Parenting', motivating them on how to create a conducive, stress free, home environment, for children to be able to prepare well for their forthcoming CBSE Board Examination. The turnout was very encouraging.



Principal Dr Saksham Singh addressing the audience



Queries being addressed by the Principal

FACULTY STUDENT INTERACTION 16 DECEMBER 2022

Vice Principal Ms Mandeep Talwar and senior PGTs held a counselling session for children from class XII who are not getting good grades, to motivate them and guide them on planning and following a study schedule that would result in good grades in the CBSE Board Examination. The children's fears and concerns were patiently addressed, making them feel at ease.



Vice Principal Ms Mandeep Talwar and Ms Kamaljeet K Bajwa, PGT English in conversation with the students

ALUMNI STUDENT INTERACTION 14, 20 DECEMBER 2022

Two of our alumni who are presently 'cadets' pursuing training to become commissioned officers in the Indian Army, met with and motivated children from class XII to choose the Armed Forces as a career. Cadet Ravi Sharthi Mishra who passed out in 2019 and is currently a cadet at NDA Khadakwasla and Cadet Rahul from the 2020 batch who is presently pursuing officer training as part of the Indian Army's Technical Entry Scheme (TES), spoke to the students, sharing their strategies for preparing for the required selection procedure, as well as their experiences during training. The students' response was very positive, with many of them questioning the cadets on various aspects.



Cadet Ravi Sharthi Mishra motivating the audience



Cadet Rahul addressing the students

PRINCIPAL STUDENT INTERACTION 16 DECEMBER 2022

Principal Dr Saksham Singh and children of class XII met in school on 16 December 2022, for an informal, motivational session. The aim was to encourage children to share their fears and concerns regarding their preparation for the forthcoming CBSE Board Examination. Pointers were given to them by the Principal on how to plan their 'daily study timetable' and manage their time productively, to be able to aim for and achieve good grades, simultaneously taking care of their mental and physical health.



Children listening very carefully to the tips being given

TIME MANAGEMENT WHILE CBSE EXAMINATIONS ARE UNDERWAY 24 DECEMBER 2022

Senior PGTs and TGTs conducted a session for children from class X and XII to guide them on how to plan and make productive use of preparation time available in between consecutive exams. Pointers were also shared on ways to carefully peruse the questions, pick the sequence in which to answer questions, allot time to each answer etc.



The session in progress...

CONFIDENCE BUILDING SESSION FOR CLASS V 08-09 DECEMBER 2022

Ms Vibha Bhardwaj, School Counsellor conducted a session on 'Building Confidence and Self Esteem' to help the children to know their abilities and be confident enough to use them in a positive way.



The attentive audience



An activity underway

AWARENESS SESSION FOR THE STAFF 12 DECEMBER 2022

To sensitize the school staff on 'Prevention of Sexual Harassment at the Work Place' an awareness session was held in the school premises.



Enhancing our awareness



INTER SCHOOL ACTIVITIES

WE ARE PROUD OF...

Aditya Salathia of class XI A, who won the Silver Medal, at the Punjab State Shooting Championship 2022, held at the SAS Shooting Range, Ropar.



Aditya Salathia with Principal Dr Saksham Singh and Phy Edn Tr Mr V Suri

REGIONAL LEVEL SCIENCE PROJECT WORK EXHIBITION 09-10 DECEMBER 2022

Host: BMC Arya Model Senior Secondary School, Shastri Nagar, Ludhiana

Topic: "Avedhya Advanced Security System - Four layer security system for the Army".

Participants: Nitin Sharma XII A
Sukhwinder Singh XII A



Nitin Sharma and Sukhwinder Singh

JALANDHAR INDEPENDENT SCHOOLS SAHODYA COMPLEX CONTESTS: DECEMBER 2022

A Sahodya School Complex is a group of neighbourhood CBSE affiliated schools, coming together to provide a common platform to students to explore, exhibit and share their talent through various co-curricular and sports contests held throughout the year, at the inter school level. The Jalandhar complex has a current membership of 177 schools. Here is a glimpse of the contests we participated in, this December.

DIGITAL STORY TELLING 06 DECEMBER 2022



Shivang Yadav XB

Host: Kamla Nehru Public School, Phagwara

Topic: 'My school My Pride'

Participants: Shivang Yadav XB
Stuti Mehta XIIG

MIME PRESENTATION 09 DECEMBER 2022



The winners posing with their trophy
Host: Sanskriti KMV School Jalandhar

Topic: 'Corruption'

Participants: 10 students from class VI-IX

Result: FIRST RUNNER UP

SOF SOCIAL SCIENCE AND COMPUTER OLYMPIAD CLASS III TO XII: 22 DECEMBER 2022

Science Olympiad Foundation is a Delhi based foundation that conducts assessment tests for children from class I to XII to help them build an interest in core subjects like English, Mathematics, Science, Computer Science. APS Jalandhar is a regular participant in these olympiads.

The SOF Social Science and Computer Olympiads were conducted on 22 December 2022.



Olympiads in progress...

INTRA SCHOOL ACTIVITIES

ORIENTATION WORKSHOP UNDER THE MENTOR INDIA CAMPAIGN: 6-7 DECEMBER 2022

As a part of the Atal Innovation Mission of the Government of India, Atal Tinkering Labs (ATLs) have been set up in schools across India. They aim to provide a workspace that can help to inculcate an innovative mindset among High School students. A place where, under guidance of their mentors, they can learn to satisfy their inquisitiveness, explore new ideas, identify problems, find solutions etc. To familiarise mentor faculty members with the requirements on their part, for the successful working of the concept, a two day orientation workshop was held in the school premises by the ATL representatives. Some of the interesting skills they learnt were, the use of 3D Printers to manufacture different moulds, build circuits, locate planets and stars through a telescope.



Teacher Mentors learning circuit building



Practicing locating planets in the night sky



EXCURSION TOUR TO SCIENCE CITY, KAPURTHALA CLASS VI-VIII: 12 -14 DECEMBER 2022



The happy visitors posing in the Science Gallery



NUKKAD NAATAK : AN INITIATIVE TO CREATE AWARENESS

To make children aware of social issues requiring attention, a fun filled exercise has been introduced in our school. Children from different classes prepare and present street plays on allotted topics, turn wise everyday, during the recess. Here is glimpse of some of the issues depicted by the children this month.



'Say No To Plastic', Class VIIA



'Cyber Security', Class VIIB



'Digital India', Class VIII E



'Drug Free India', Class VIII F



'Positive Aspect Of Social Media', Class VIII G



'Importance of Education', Class VIII J

WORLD DISABILITY DAY CELEBRATION: 02 DECEMBER 2022

Inclusion is practised in every way at APS Jalandhar. Here, children with special needs, differently abled children and able bodied children and teachers, all work and grow together.

To mark World Disability Day 2022, all the children danced, sang and participated together in activities organised on the occasion.



Poem Recitation
Yash Karande III E, Pranavi IV D



Peers enjoying dancing together



Working together on moulding clay



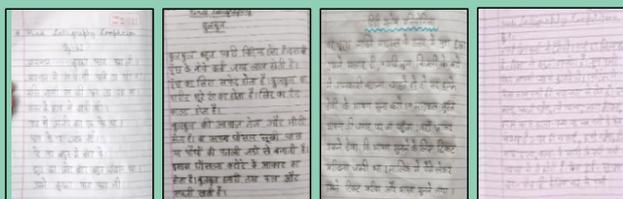
Differently Abled children posing with their mentors



CO CURRICULAR ACTIVITIES

02 DECEMBER 2022

HINDI CALLIGRAPHY: CLASS I – IV



Garima Choudhary ID Puja Kumari II E Aahana Singh III C Sakshi IV G

**POSTER MAKING: CLASS V – VII
TOPIC: WORLD DISABILITY DAY**



Anuska Nayak V B Yuraj Singh VI K Hargun Singh VII G

**SLOGAN WRITING: CLASS VII – IX
TOPIC: INCLUSION**



Drisadwati Mondal VIII D Harjas Singh VIII H Harleen Kaur VIII H



Students of Class IX posing with slogans on 'Inclusion'

12 DECEMBER 2022

INTER HOUSE SKATING: CLASS IV



Let's see who wins...



The contestants with their mentors

16 DECEMBER 2022

INTER HOUSE PUPPET SHOW: CLASS I – IV



Bhagat Singh House



Laxmi Bai House



Sarojini Naidu House



Subhash C Bose House

INTER HOUSE ENVIRONMENTAL STUDIES QUIZ: CLASS V



The quizzers in action...

POSTER MAKING ON VIJAY DIWAS: CLASS VI – VIII



Raunk Singh VI E Anjali VII D Sakshi VIII B

PUNJABI DEBATE: CLASS IX & XI



Navjot Kaur IX J Pawandeep Kaur XI F

EVERGREEN WORDS OF WISDOM

अभिवादनशीलस्य नित्यं वृद्धोपसेविनः।
चत्वारि तस्य वर्धन्ते आयुर्विधा यशोवल्गम्।।

हिन्दी अर्थ : बड़े-बुजुर्गों का अभिवादन अर्थात् नमस्कार करने वाले और बुजुर्गों की सेवा करने वालों की चार चीजें हमेशा बढ़ती हैं। ये चार चीजें हैं: आयु, विद्या, यश और बल। इसी वजह से हमेशा वृद्ध और स्वयं से बड़े लोगों की सेवा व सम्मान करना चाहिए।

English Translation: Greeting the elders, that is, those who do salutations and those who serve the elderly, four things always increase. These four things are: age, knowledge, fame and strength. For this reason, one should always serve and respect the elderly and elders.

काक चेष्टा, बको ध्यानं, श्वान निद्रा तथैव च।
अल्पहारी, गृहत्यागी, विद्यार्थी पंच लक्षणम्।।

हिन्दी अर्थ : विद्यार्थी के पाँच लक्षण हैं- कौए की तरह चेष्टा (सब ओर दृष्टि और त्वरित निरीक्षण क्षमता), बगुले की तरह ध्यान, कुत्ते की तरह नींद (थोड़ा सा व्यवधान पर नींद खुल जाना), अल्पहारी (कम भोजन करने वाला), गृहत्यागी (अपने घर और माता-पिता से दूर रहने वाला)।

English Translation: The five characteristics of a student are- crow-like effort (sight and quick observation ability), heron-like attention, dog-like sleep (wake up at the slightest disturbance), alphari (short eater), ghratyagari (one's own living away from home and parents).

मुश्किल दौर से निकलकर आप क्या बनते हैं, आप पर निर्भर करता है।

एक बार की बात है, एक कक्षा में अध्यापक अपने सभी छात्रों को समझाना चाहते थे कि पकृति सभी को एक यमान अन्नकर देती है और उस अन्नकर को इस्तेमाल करके आप अपना शास्य खुद बना सकते हो। इसी बात को ठीक तरह से समझाने के लिए अध्यापक ने तीन कटोरे लिए। पहले कटोरे में एक आलू रखा, दूसरे में अंडा और तीसरे में चाय की पत्ती डाल दी। अब तीनों कटोरों में पानी डालकर उनको मिट्टी के चूल्हे पर उबलने के लिए रख दिया। सभी छात्र ये सब हैरान होकर देखने लगे लेकिन किसी को भी कुछ समझ में नहीं आया। बीच मिनट बाद जब तीनों बर्तनों में उबाल आने लगा तब अध्यापक ने



कटोरा नीचे उतारा। आलू, अंडा और चाय तीनों को बाहर निकाला। अब उन्होंने सभी छात्रों से तीनों कटोरों को गौर से देखने को कहा। अब भी किसी छात्र को कुछ समझ नहीं आ पा रहा था। आखिर में अध्यापक ने एक बच्चे से तीनों को स्पर्श करने के लिए कहा। जब छात्र ने आलू को हाथ लगाया तो पाया कि जो आलू पहले काफी कटोर था उबलने के बाद काफी नरम हो गया है। जो अंडा पहले नाजुक था उबलने के बाद कटोर हो गया है। अब बागी धी चाय के कप को उठाने की। जब छात्र ने चाय के कप को उठाया तो देखा चाय की पत्ती ने गरम पानी के साथ मिलकर अपना रूप बदल लिया था और अब वह चाय बन चुकी थी। अब अध्यापक ने समझाया, "हमने तीन अलग-अलग चीजों को यमान विपत्ति से गुजरते हुए देखा। यानि कि तीनों को यमान रूप से पानी में उबाला लेकिन बाहर आने पर तीनों चीजें एक जैसी नहीं मिली। ठीक इसी तरह यही बात इंसानों पर भी लागू होती है।"



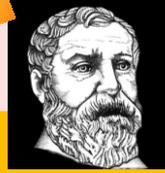
सभी को यमान अन्नकर मिलते हैं और मुश्किलें आती हैं लेकिन ये पूरी तरह आप पर निर्भर है कि आप परेशानी का यामना कैसे करते हैं और मुश्किल दौर से निकलने के बाद क्या बनते हैं।

शिक्षा - अपना शास्य किमन शरीरो न छोड़ें, खुद अपना शास्य बनाएँ।

कहानी - अंजलि पंचम् 'अ'
चित्रांकन - वरजोत कौर पंचम् 'अ'

MATHOPEDIA

GREEK MATHEMATICIAN HERON



Heron was a Greek, who was born around 10AD in Alexandria, Roman Egypt. He was a mathematician and engineer who invented many useful implements like the 'windwheel', the earliest known example of harnessing wind energy and the 'aeolipile', a steam powered device. Amongst his mathematical achievements, he is best known for 'Heron's Formula', a simple way to calculate the area of a triangle.

VEDIC MATH TRICK TO FIND THE PRODUCT OF ANY TWO THREE DIGIT NUMBERS

Suppose you want to multiply the 2 numbers 306 and 308
Step 1. Subtract the unit place digit from each of the two numbers.

$$308 - 8 = 300$$

$$306 - 6 = 300$$

Step 2. Now select any one number out of the two and add the digit at the units place in the other number to it. So if we take the number 308, we get:

$$308 + 6 = 314$$

Step 3. Next, multiply the number got in step 2 with the remaining number from step 1, ie 300(306-6)

$$314 \times 300 = 94200$$

Step 4. Now find the product of the digits in the units place in both the numbers taken. The digits in both the numbers are 8 & 6, so the product of these 2 numbers is $8 \times 6 = 48$

Step 5. Now add the answer of Step 3 to the answer of Step 4.

$$94200 + 48 = 94248$$

So the product of 306 x 308 is 94248

Weather - January 2023



S	M	T	W	T	F	S
1	2	3	4	5	6	7
21° 7°	21° 7°	22° 8°	22° 10°	24° 11°	23° 10°	21° 9°
8	9	10	11	12	13	14
23° 8°	23° 7°	22° 6°	22° 6°	21° 6°	21° 6°	21° 7°
15	16	17	18	19	20	21
21° 7°	21° 8°	23° 8°	22° 7°	23° 7°	23° 7°	24° 8°
22	23	24	25	26	27	28
24° 8°	24° 9°	22° 10°	22° 7°	23° 9°	23° 8°	23° 9°
29	30	31				
23° 11°	23° 8°	21° 8°				

WE ARE LOOKING FORWARD TO...

FORTHCOMING ACTIVITIES: JANUARY 2023

- 06 JAN 2023: Spell Bee Competition
English Story Narration
Collage Making
Still Advertisement Designing
- 13 JAN 2023: Kite Making
Cooking without fire
- 20 JAN 2023: Gift Wrapping
My Inspiration: Role Play on Freedom Fighters
Web Page Designing
- 27 JAN 2023: Folk Dance Competition
CBSE Activities

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