



THE JAPSIAN CHRONICLE

MONTHLY NEWSLETTER

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APS JALANDHAR PARTICIPATES IN THE NATIONAL ACHIEVEMENT SURVEY (NAS) 2021: 12 November 2021

As per the Ministry of Education, The NAS is a process of gathering information in order to develop a deep understanding of what students know, understand and can do with their knowledge as a result of their educational experiences.

Based on the results, this survey shall help in improving subsequent student learning and development through systematic interventions.

The survey was conducted through standardised assessment tests held for students of class III, V, VIII, and X. A total of 120 students, 30 each, randomly picked from the said classes, by the Punjab Govt officials on duty, took the test.



Principal Dr Saksham Singh in conversation with the Punjab Government Officials On Duty



The exam in progress



WE ARE SO PROUD OF OUR ACHIEVERS...

OUR ENGINEERS IN THE MAKING...



Bhav Khurana

Indian Institute of Technology (IIT) Varanasi
B Tech in Computer Science Engineering



Mehar Kaur Johal
BR Ambedkar

National Institute of Technology Jalandhar
B Tech in Computer Science Engineering

Frosty December...

December is the last month of the year as per the Gregorian Calendar. It gets its name from the Latin word 'decem' meaning ten, as it was originally the tenth month of the year, before the addition of January and February. It is the seventh month that has 31 days.

Important Days in December

- 1 December: World AIDS Day
- 2 December: National Pollution Control Day
- 3 December: International Day of Persons with Disabilities
- 7 December: Indian Armed Forces Flag Day
- 10 December: UN Human Rights Day
- 16 December: Vijay Diwas
- 19 December: Goa's Liberation Day
- 21 December: Winter Solstice
- 22 December: National Mathematics Day
(Birth Anniversary of Srinivas Ramanujan, the famous Mathematician)

Significant Operations of the Indian Armed Forces

19 DECEMBER 1961

LIBERATION OF GOA FROM PORTUGUESE RULE

Even after the British left, India was not free from European Rule as the territories we know today as the west Indian state of Goa and the territory of Daman and Diu, were still under the control of the Portuguese, who had ruled over them for over 400 years. On 19 December 1961, the Indian Armed Forces launched Operation Vijay, a joint land, sea and air strike operation that lasted 36 hours and ended with the annexation of the said Portuguese Indian territories, by the Republic of India.



Memorial at the INS Gomantak to honour sailors and other personnel lost during Operation Vijay in 1961

16 DECEMBER 1971

VIJAY DIWAS : LIBERATION OF BANGLADESH FROM PAKISTAN



Signing of the Pakistani Instrument of Surrender by Pakistan's Lt Gen AAK Niazi to the Indian and Allied Forces in Dhaka on 16 Dec' 1971.

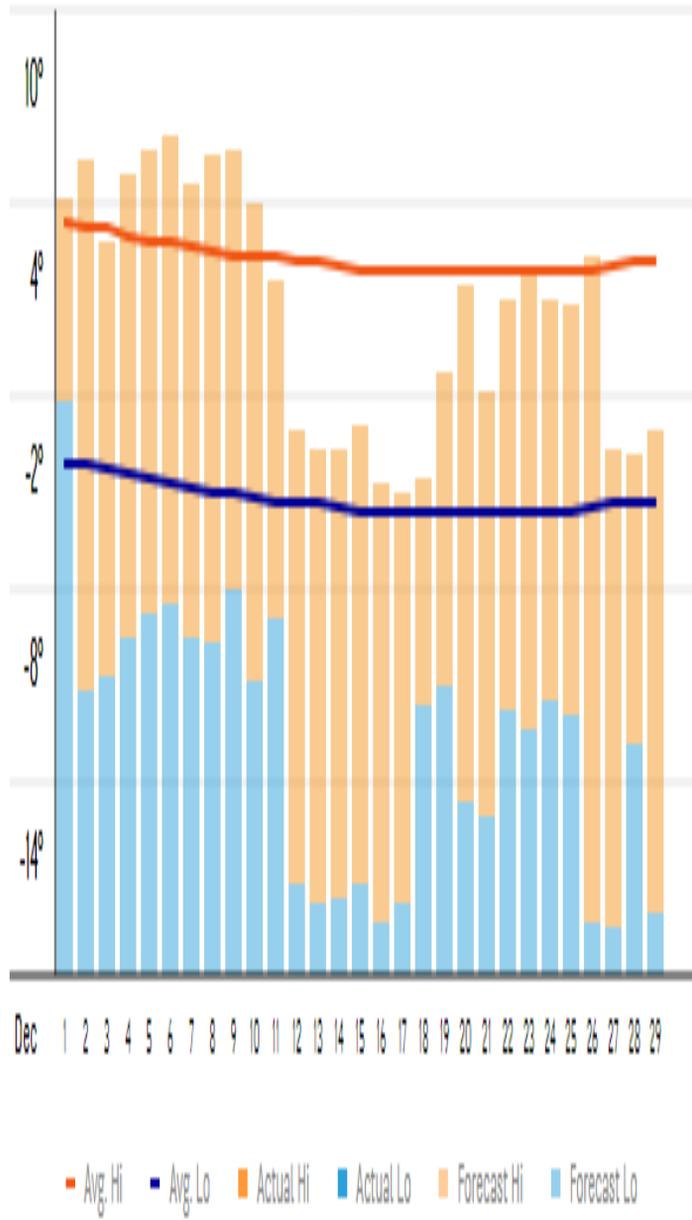
The Indian Armed Forces helped the then, East Pakistan, to gain independence from Pakistan and emerge a free country with the name Bangladesh, on 16 December 1971. The Chief of the Pakistani forces, Lt Gen A A Khan Niazi, along with 93000 troops surrendered to the Allied Forces consisting of Mukti Bahini (the Bangladeshi Guerrilla warriors) and the Indian Army, led by Lt Gen JS Aurora, in Dhaka.

WEATHER CHECK

WEATHER FORECAST - DECEMBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			4° -2°	5° -11°	3° -11°	5° -10°
5	6	7	8	9	10	11
6° -9°	6° -9°	5° -10°	5° -10°	6° -8°	4° -11°	2° -9°
12	13	14	15	16	17	18
-3° -17°	-4° -18°	-4° -18°	-3° -17°	-5° -18°	-5° -18°	-5° -12°
19	20	21	22	23	24	25
-1° -11°	1° -15°	-2° -15°	1° -12°	2° -12°	1° -12°	1° -12°
26	27	28	29	30	31	
2° -19°	-4° -19°	-4° -13°	-3° -18°	-1° -16°	-1° -16°	

TEMPERATURE GRAPH



VEDIC MATH TRICKS



YAVADUNAM: The trick for finding the square of a number. It is a specific shortcut to square numbers using Vedic Mathematics whenever a number is closer to the power of 10. (10, 100, 1000,)

Examples:

Square of 14:

$$14^2 = (14+4) / 4^2 = 18/16 = 196$$

Here 14 is 4 more than 10(Base 10)

So **Excess = 4**

Increase it still further so that **(14+4) = 18**

Square its excessive.

So **4² = 16**

Final Answer: **196**

Square of 97:

$$97^2 = (97-3) / 3^2 = 94/09 = 9409$$

Here 97 is 3 less than 100(Base 100), So **deficiency = 3**

Reduce it still further so that **(97-3) = 94.**

Square its deficiency, So **3² = 09.**

(As base is 100, we need exactly 2 digits. Hence 09).

Final Answer: **9409**

NOW TRY TO SOLVE THE FOLLOWING QUESTIONS YOURSELF:

(93)², (89)², (113)²

Answers:

8649, 7921, 12769, 1004004

Words of WISDOM

ਸਹਸ ਸਿਆਣਪਾ ਲਖ ਹੋਹਿ ਤ ਇਕ ਨ ਚਲੈ
ਨਾਲਿ

A person who thinks that he is very smart and can easily fool others, is actually fooling himself, as he does not realise that God is watching over us all and knows every person's true worth.

ਜੇਤੀ ਸਿਰਠਿ ਉਪਾਈ ਵੇਖਾ ਵਿਣੁ ਕਰਮਾ ਕਿ
ਮਿਲੈ ਲਈ ॥

In this world created by the Almighty, wherever one looks, whatever one sees and experiences, or sees others possessing or experiencing, it is all the result of the will of the Almighty. No one can achieve anything on ones own.

जनिता चोपनेताश्च यः विद्यां प्रयच्छति ।
अन्नदाता भयत्राता पञ्चैते पितरः स्मृताः ॥

The person who guides you and shows you the way , the one who gives you the gift of education, the one who feeds you and the one who makes you feel safe when you are scared, are people who deserve to be revered by you, as you would your father.

स्वभावो नोपदेशेन शक्यते कर्तुमन्यथा ।
सुतप्तमपि पानीयं पुनर्गच्छति शीतताम् ॥

One can never change the basic nature of a person , however much one may try to by preaching him, just like milk, which inspite of reaching its boiling point, cools down to room temperature when left on its own.

रसगुल्ले की जड़

एक बार एक ईरानी व्यापारी महाराज के दरबार में आया। वह महाराज के लिए ढेर सारी भेंट लेकर आया। महाराज खुश हो गए। उन्होंने भी अपनी तरफ से मेहमान नवाजी में कोई कसर नहीं छोड़ी। सेवकों से कहकर उन्होंने ईरानी व्यापारी के रहने की शानदार व्यवस्था करवाई। उसके लिए एक से बढ़कर एक पकवान परोसने को कहा। सेवक भी महाराज की आज्ञा के पालन में जुट गए।

एक दिन खाने के बाद सेवकों ने ईरानी व्यापारी को मीठे में रसगुल्ला परोसा। रसगुल्ला देखकर व्यापारी ने सेवकों से पूछा कि क्या वे उसे रसगुल्ले की जड़ के बारे में बता सकते हैं? सेवक सोच में पड़ गए। वे रसोईये के पास गए और उससे ईरानी व्यापारी का प्रश्न बताते हुए उत्तर पूछा। रसोईये को तो बस रसगुल्ला बनाना आता था। उसकी जड़ के बारे में उसे कोई जानकारी नहीं थी। वह उस प्रश्न का उत्तर नहीं दे पाया। सेवकों ने कई लोगों से इस प्रश्न का उत्तर पूछा लेकिन कोई इसका उत्तर नहीं दे पाया। धीरे धीरे महाराज के कानों में यह बात पहुंची कि ईरानी व्यापारी के द्वारा रसगुल्ले की जड़ के बारे में पूछा गया है और महल में कोई भी उसके इस प्रश्न का उत्तर नहीं दे पा रहा है। उन्होंने अपने सबसे चतुर दरबारी तेनालीराम को बुलवाया और उसके सामने यह प्रश्न रख दिया। प्रश्न सुनने के बाद तेनालीराम बोला "महाराज कल दरबार में आप ईरानी व्यापारी को बुला लीजिये। मैं उसके सामने इस प्रश्न का उत्तर दूँगा।"

अगले दिन सारा दरबार खचाखच भरा हुआ था। ईरानी व्यापारी भी दरबार में उपस्थित था। तेनालीराम जब दरबार में आया तो अपने हाथ में एक कटोरा लिए हुए था जो मलमल के कपड़े से ढका हुआ था। महाराज ने पूछा "तेनालीराम क्या तुम रसगुल्ले की जड़ के बारे में पता कर आए हो?"

"जी महाराज! इस कटोरे में रसगुल्ले की जड़ लेकर आया हूँ।" यह कहते हुए तेनालीराम ने कटोरे के ऊपर से मलमल का कपड़ा हटा दिया। कटोरे में गन्ने के कुछ टुकड़े पड़े हुए थे जिसे देखकर महाराज सहित सारे दरबारी चकित रह गए। तेनालीराम ईरानी व्यापारी के पास जाकर उसे कटोरा देकर बोला "महाशय! ये रसगुल्ले की जड़।" महाराज की समझ से अब भी सब बाहर था। उन्होंने तेनालीराम से पूछा "तेनालीराम ये सब क्या है?" तेनालीराम बोला "महाराज कोई भी मिठाई हो वह शक्कर से ही बनती है। शक्कर को बनाया जाता है गन्ने से। इस तरह हुआ न गन्ना रसगुल्ले की जड़।"

यह उत्तर सुनकर महाराज ने हँसते हुए ईरानी व्यापारी की ओर देखा। वह भी तेनालीराम के उत्तर से संतुष्ट हो चुका था और खुशी से बाकी बचे सारे रसगुल्ले खा गया।

शिक्षा - किसी भी सवाल या परिस्थिति में चिंतित न होकर धैर्य के साथ विषय की जड़ तक जाना चाहिए। उसका जवाब दूँना चाहिए।

चित्रांकन - आयुषी सिंह **कक्षा** - षष्ठी 'स'



Young Chef of the Month



Atharva 1A



Peanut Butter, Banana,
Dry Fruit sandwich

INGREDIENTS

1. 2 Brown Bread slices
2. 1 Chopped banana
3. A dollop of Peanut Butter
4. Nuts you like

RECIPE

1. Take two slices of brown bread.
2. Spread peanut butter on one slice.
3. Spread cut banana slices on the other piece
4. Now put your favourite nuts, chopped or whole, over the peanut butter.
5. Put the peanut butter slice upside down over the banana slice.
6. Your healthy. yummy sandwich is ready to eat.

ENJOY!



CO – CURRICULAR ACTIVITIES

CLUBBING NEWS : 02 NOVEMBER 2021

Rhythmic Yogis Club

Body Cleansing Asanas



Prateek VI A



Gurroop VI F

Nature Nurturers Club

Ecofriendly Greeting Card Making



Shreya Singh VI C



Omkaeshwar VIII B

The Art Connoisseurs Club

Making Diwali Decorations



Shrishti Verma V E



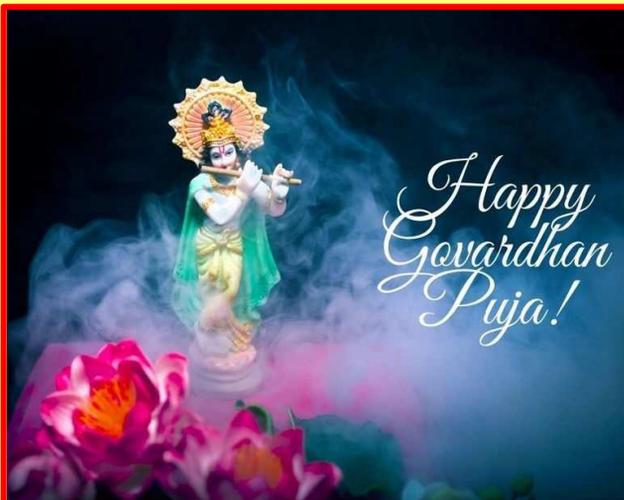
Kanika Thakur V D

Sangeet Vahini Club



Singing Diwali Greetings

Social Development Club



Exploring the story behind Govardhan Puja

Rangmanch Club

Enactment: Ramayan Characters



Angel Tomar VII D



Damanpreet V F

CLUBBING NEWS : 02 NOVEMBER 2021

The Literati Club
Creative Writing on Diwali

The Natraj Club
Diya Dance on 'Jyoti Kalash Chalke'



Disha Singh VII A



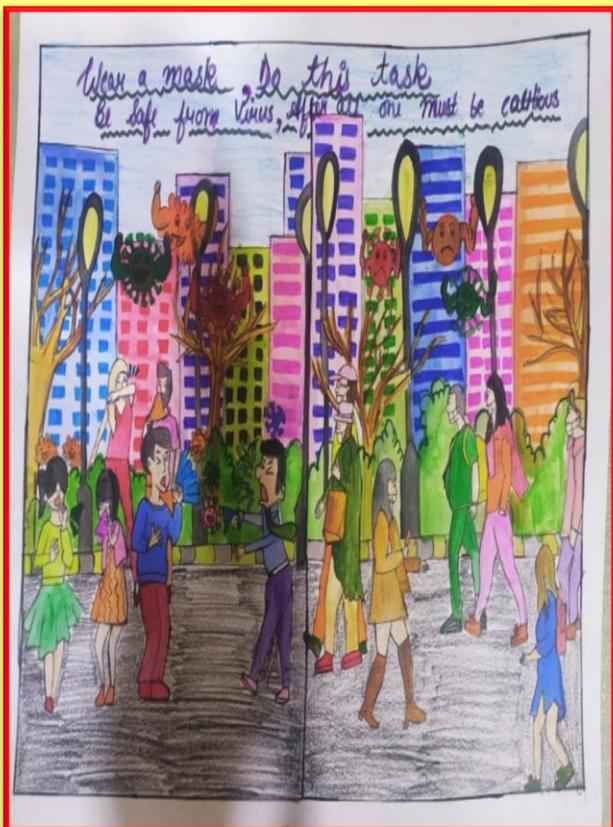
Vijaya Singha IX D



CO – CURRICULAR ACTIVITIES

Jalandhar Sahodya Complex Schools
Poster Making Contest
12 November 2021

Science In Everyday Life
13 November 2021



Poster Made By Yashika Gupta VIII H



Ayushi Singh VI C



Yukti VI D

Jalandhar Sahodya Complex Schools:
Hindi Debate Contest
20 November 2021



Navleen Kaur VII H



Ayush Pathak VII G

CLUBBING NEWS : 19 NOVEMBER 2021

Math Pirates Club Straw and Stem Activities



Prema VIII A



Sahil VI C

Nature Nurturers Club Poster Making: The Ozone Umbrella



Lakshmi VII A



Priyanshu Ranjan VIII C

Natraj Club Bhangra Beats



The Art Connoisseurs Club Sketching and painting Topic: Guru Nanak



Gaurav VIII H



Prince V G

Rhythmic Yogis Club Spiritual Yoga



Sunidhi VIII H

Rang Manch Club: Enactment Teachings of Guru Nanak



Damanpreet V F



Parneet VI G

Bruce Lee Karatekas Club Power Kicks to enhance speed



B Siva Das VII

Sangeet Vahini Club Learning 'Gurbani Shabad Gaayan'



Class in progress

Inter House Social Science Quiz Class VI-VIII : 26 November 2021



The Quiz in progress

CO – CURRICULAR ACTIVITIES : CLASS I - IV

ENGLISH STORY NARRATION: 12 NOVEMBER 2021



Divyansh V Ghadge I



Aradhya II



Arhaan Grover III



Vikalp Rana IV

HINDI STORY NARRATION: 26 NOVEMBER 2021



Sanchita Shravani Jena I A



Sugyani Mohanty II A



Parishi III A



Aakashaj Hargun IV A

IN SERVICE TRAINING WEBINARS CONDUCTED BY THE FDRDC DELHI: NOVEMBER 2021



S No	Webinar	Attended By
1	FDRDC Webinar 35 PGT (Bio) from 08 Nov to 12 Nov 2021.	Ms. Misha Santha Kumari, PGT and Ms. Kiranbala Bhardwaj, TGT
2	FDRDC Webinar 36 (PRT) (Devp Sc Temper) from 08 Nov to 12 Nov 2021.	Ms. Sukhwinderjeet Kaur, PRT and Ms. Shipra Jain, PRT
3	FDRDC Webinar 38 (Foundation Level) from 22 Nov to 26 Nov 2021.	Ms. Deepika Yadav, PRT
4	FDRDC Webinar 39 Counsellor & CPW/HM (Case Study "An Approach to Understand the Gifted") from 22 Nov to 26 Nov 2021.	Ms. Shallu Sharma, Head Mistress and Ms. Vibha Bhardwaj, School Counsellor
5	IC3 Flagship Program-Virtual Sessions conducted by IC3 Institute in November 2021 on 1,6,8,10,19,22,24 and 29 respectively (for 5 th cohort).	Ms. Vibha Bhardwaj, School Counsellor and Mr. Ranjeet Singh, Special Educator
6	FDRDC Webinar 40 from 29 Nov to 03 Dec 2021	Ms. Chhavi Beriwal, PRT, and Ms. Richa Bhalla, PRT

OTHER IN SERVICE TRAINING SESSIONS: NOVEMBER 2021

S No	Topic	Attended By
1	A session on Pranic Healing and Super Brain Yoga was conducted on 20.11.2021 by Brig(Retd)T S Thind. The objective was to spread awareness about the methods to heal through the process of Pranic Healing and understand the technique of Super Brain Yoga.	Principal, Vice Principal, Teaching Faculty, APS Jalandhar

DATE	CLASS	TOPIC COVERED
01.11.2021	VI B&C	Discussion on Confidence Development by Ms. Vibha Bhardwaj, School Counsellor
02.11.2021	II A-C, III A-D, IV E- H, I A-C	Inspirational Video, Presentation and Discussion on Good Manners by Mr Ranjeet Singh, Special Educator.
03.11.2021	II D- F, III E-H, IV A-D, I D-F	Inspirational Video, Presentation and Discussion on Healthy Habits by Mr Ranjeet Singh, Special Educator.
09.11.2021	II A-C, III A-D, IV E-H, I A-C	Inspirational Video, Presentation and Discussion on Healthy Habits by Mr Ranjeet Singh, Special Educator.
10.11.2021	II D-F, III E-H, IV A-D, I D-F	Presentation and Discussion on Staying Safe by Mr Ranjeet Singh, Special Educator.
13.11.2021	IX H	Class talk on Knowing Oneself by Ms Vibha Bhardwaj, School Counsellor
15.11.2021	X C, IX D, VII A, VII K	Class talk on Career Planning by Ms Vibha Bhardwaj, School Counsellor. Discussion on Confidence development by Ms Vibha Bhardwaj, School Counsellor.
16.10.2021	IX F, VIII A&B	Class talk on Career Planning by Ms Vibha Bhardwaj, School Counsellor. Discussion on Confidence development by Ms Vibha Bhardwaj, School Counsellor.
16.11.2021	II A-C, III A-D, IV E-H	Presentation and Discussion on Staying Safe by Mr Ranjeet Singh, Special Educator.
17.11.2021	II D-F, III E-H, I D-F	Inspirational Video, Presentation and Discussion on Staying Safe at school, home, on the road and in the playground , by Mr Ranjeet Singh, Special Educator
18.11.2021	VII J, VI H	Discussion on Confidence Development by Ms. Vibha Bhardwaj, School Counsellor
23.11.2021	II A-C, III A-D, IV E-H, I A-C	Inspirational Video, Presentation and Discussion on Staying Safe at school, at home, on the road and in the playground , by Mr Ranjeet Singh, Special Educator
24.11.2021	II D-F, III E-H, IV A- D	Inspirational Video, Presentation and Discussion on First Aid by Mr Ranjeet Singh, Special Educator

Individual Counselling for the students on Study Skills, Time Management, Career related queries and Adjustment issues, is being done on case to case basis. During Class Counselling sessions, students are encouraged to personally send a message to the counsellor for individual counselling if required and follow-up is being done .

COMING SOON

WE ARE LOOKING FORWARD TO...

UPCOMING CO CURRICULAR ACTIVITIES: DECEMBER 2021

- 10 December 2021: Cooking Without Fire Class I – IV
Club Activities Class V to IX, XI
- 17 December 2021: English Extempore Class I – IV
Quiz on Vijay Diwas Class V
Beyond Borders Class VI – VIII
Punjabi Debate Class IX, XI
- 24 December 2021: Christmas Corner Decoration Class I – IV
Club Activities Class V to IX, XI

UPCOMING EXAMINATIONS

- 1 – 8 December 2021: Evaluation II Class I - II
1 – 9 December 2021: Unit Test II : Class III – IX

EXAMS IN PROGRESS

- 20 November – 11 December 2021: Class X Term I
27 November – 8 December 2021: Class XI Term I
22 November – 30 December 2021: Class XII Term I

PARENT TEACHER MEETS FOR DECLARATION OF RESULTS

- 16 December 2021 : Class XI
18 December 2021 : Class I - IX

EDITORIAL BOARD

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Editor

Ms Sona Singh

Co – Editor

Mr Vikas Bhardwaj

Layout and Designing

Ms Sona Singh and Mr Vikas Bhardwaj

