



School CBSE Affiliation Number: 1680003

THE JAPSIAN CHRONICLE

A MONTHLY SCHOOL E-NEWSLETTER

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LEARNING, ASSESSMENT AND EVALUATION

To aid and further enhance the effective teaching learning capabilities of the APS teaching faculty, a number of brainstorming sessions were held for the HODs, under the guidance of Principal Dr Saksham Singh in the second half of September'22.

STEP 1: An introductory workshop conducted by the Principal for the HODs on 'Lesson Planning on Bloom's Taxonomy, Evaluation and Rubric based on Assessment Evaluation on Best Practices in Item Design and Test Development.'



Dr Saksham Singh addressing the Vice Principal and HODs



STEP 2: HODs discussing various aspects of Assessment Evaluation on Best Practices in Item Design and Test Development.



Tr Ms Deepali S Minhas, HOD English, talking on Test Types and Test Items'



Tr Mr Jasbinder Parmar, HOD Social Science, explaining 'Constructing Selective Items'



Tr Mr Harinder Singh, TGT Social Science presenting 'The Process of Item Making'

STEP 3: Hands on experience: Deliberations on the subject by HODs with their respective faculty members.



Tr Ms Mansimranjit Kaur, HOD Mathematics and Tr Ms Gurpreet Kaur, HOD Commerce, sharing salient features of the programme with the faculty members.



STEP 4: Lesson Planning under the guidance of the Principal and HODs by the faculty members.



Planning in progress...



SEEKING THE ALMIGHTY'S BLESSINGS: GANESH CHATURTHI

This year, on Ganesh Chaturthi, an idol of the mighty Lord Ganesha was installed in the school premises, where the Principal, staff and students paid obeisance to the mighty Lord Ganesha, praying to be blessed with gifts of knowledge, wisdom, prosperity.



Bless all Japsians O Great Ganesha...



Grace us with your presence again next year.... An eco friendly Ganpati Visarjan in the school compound

CELEBRATION OF TEACHERS' DAY 05 SEPTEMBER 2022

To pay homage to Dr. Sarvapalli Radhakrishnan, the great scholar and mentor, who dedicated his birthday to honour the efforts of the whole teaching fraternity, a fun day was organised for the teaching faculty of APS Jalandhar, this Teachers' Day. The celebration marked the morning assembly being presented by the teachers, students of class XII, acting as student teachers, the school management presenting special gifts to the teachers and a wonderful enjoyable visit to Rangla Punjab for a glimpse of culture and a typical Punjabi lunch.

Role Reversal...



Teachers Day Greetings from the little ones...



Giddha Presentation by the Junior Wing teachers



The APS Band performing for its mentors



The APS family together at Rangla Punjab





VISIT TO LOVELY PROFESSIONAL UNIVERSITY 7 SEPTEMBER 2022



In the Ayush Vatika

Class XII students visited the Career Counselling Cell of Lovely Professional University, for a briefing on the various career options available after class XII. They were taken around the Physiotherapy Deptt, the Micro Biology Deptt, the UNI Deptt and the Ayush Vatika, home to more than 200 plant species



Posing at the Innovation Hub



In the Physiotherapy Deptt



11 CORPS INTER ARMY PUBLIC SCHOOLS CONTESTS

HINDI DEBATE : 06 SEPTEMBER 2022

HOST: Army public School, Kapurthala.

Topic for Junior category: क्या आधुनिक तकनीक मानव सामाजिक संपर्क को बर्बाद कर रही है?

Topic for Senior category: क्या कभी भारत पूर्ण रूप से आत्मनिर्भर बन पाएगा?

POSITION:: FIRST RUNNER UP : JUNIORS



Junior Team members Ayush Pathak VIII G and Vaibhavi Dubey VIII A posing with their mementos, Senior Team mates and Mentor Ms Rimple Munjal

GENERAL KNOWLEDGE QUIZ : 07 SEPTEMBER 2022

HOST: Army public School, Amritsar

PARTICIPANTS: Shreya Singh XIIG, Esha Nayyar XIIG, Anshuman Sharma XC

POSITION :: SECOND RUNNER UP



The Proud Achievers

CO - CURRICULAR ACTIVITIES

TEACHER'S DAY GREETING CARD MAKING CLASS I - IV, 02 SEPTEMBER 2022



Kavya Thakur I G

Sukhjot Kaur II A

Gurfariad Singh III B

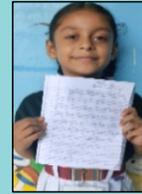
Nupul IV D

CO - CURRICULAR ACTIVITIES

ENGLISH CALLIGRAPHY COMPETITION 09 SEPTEMBER 2022



Hitul Sharma I A



Aditi II A



Aahana Singh III A



Samar Santosh IV E

HAND WASH ACTIVITY: 09 SEPTEMBER 2022

To make the children aware of the correct way to wash hands to prevent the spread of infection, a demo was organised. Children observed and then followed the steps, pledging to practise the right hand washing technique in future.



INTER HOUSE HINDI STORY NARRATION CLASS I - IV, 16 SEPTEMBER 2022



Madhvi I C



Mannat II A



Saira Bano III C



Yonakshi IV A

WONDERS FROM WASTE: CLASS II, 23 SEPTEMBER 2022



Sanchita II A



Kavya Yadav II A



Nayan II C



Jasnaaz Singh II D

DONATE A TREE, MAKE A FRIEND FOR LIFE: CLASS I 23 SEPTEMBER 2022



Plant a tree, watch it grow with me...

CO – CURRICULAR ACTIVITIES

SPECIAL ASSEMBLY FOR GANDHI JAYANTI, 29 SEPT. 22



Remembering the Father of the Nation



Patriotic Fervour

CO – CURRICULAR ACTIVITIES

ORIGAMI CLASS I-IV, 30 SEPTEMBER 2022



Viraj I C



Haneet Kaur II D



Siddhi Chauhan III D



Rajdeep Singh IV C

HINDI PAKHWADA: 14–28 SEPTEMBER 2022



पाथेय है, प्रवास में, परिचय का सूत्र है, मैत्री को जोड़ने की सांकल है ये हिंदी ।
पढ़ने व पढ़ाने में सहज है, ये सुगम है, साहित्य का असीम सागर है ये हिंदी ।”



विद्यालय में १४ सितंबर २०२२ से २८ सितंबर २०२२ तक हिन्दी पखवाड़ा मनाया गया जिसकी शुरुआत १४ सितंबर को एक खास प्रार्थना सभा के साथ हुई । कक्षा 1 से लेकर १० तक के बच्चों ने इन दिनों में विभिन्न गतिविधियों में भाग लिया जिनमें सुलेख प्रतियोगिता, निबंध लेखन, अनुच्छेद लेखन, कविता लेखन, स्वपरिचयलेखन आदि शामिल हैं । विजेता छात्रों की रचनाओं को एक बोर्ड के माध्यम से प्रदर्शित किया गया । इसके अलावा सुबह की प्रार्थना सभा के दौरान हिन्दी विभाग की अध्यापिकाओं ने हिन्दी विषय से सम्बन्धित विभिन्न पहलूओं पर अपने विचार छात्रों के समक्ष रखे ताकि छात्रों को हमारी राजभाषा हिन्दी का महत्व पता चले एवम साथ ही साथ इस विषय के प्रति बढ़ती उदासीनता दूर की जा सके

प्रार्थना सभा गतिविधि



Our Nation's Pride...
Our National Language



हिंदी नाटक अभिनय- भाषाओं की रानी- हिंदी



नृत्य - हिंदी भारत माँ की बिंदी



वर्णमाला गीत



भारतीय होने का गर्व करवाती हिंदी भाषा - महान विचार



The importance of Hindi being portrayed through a dance by class XI

छात्र कक्षा गतिविधि विजेता छात्रों की रचनाएं



CLUB ACTIVITIES: SEPTEMBER 2022



THE LITERATI CLUB: Discussing the importance of Hindi as a language



SOCIAL DEVELOPMENT CLUB: Learning about the status of Hindi as per the Indian Constitution



SANGEET VAHINI CLUB: Singing Hindi Bharat Maa Ki Bindi (Pic 1) Learning the Alankar on Keyboards (Pic 2)



MATHS π RATES CLUB: Learning about 'Angles' and their relation to daily life



ART CONNOISSEURS: Creative Slogan Writing on 'Hindi Diwas'



ROBOTICS CLUB: Advanced prototype Evive DIY kit assembly



RANGMANCH CLUB: Portraying the life of Dr S Radhakrishnan



NATRAJ CLUB: Importance of warming up before dancing



D.E.A.R CLUB: Writing Profiles of famous writers



EK BHARAT SHRESHTHA BHARAT CLUB: Bhasha Sangam: Learning translation from one language to another



RHYTHMIC YOGIS CLUB: Learning the significance of chanting 'OM'



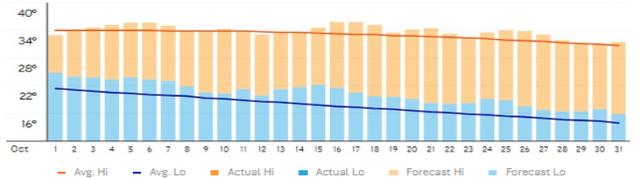
NATURE NURTURERS CLUB: Creating Wonders out of Waste

Weather - October 2022



S	M	T	W	T	F	S
						1 33° 25°
2 34° 24°	3 35° 24°	4 35° 23°	5 36° 24°	6 36° 23°	7 35° 23°	8 34° 22°
9 34° 20°	10 34° 20°	11 34° 21°	12 33° 20°	13 34° 21°	14 33° 22°	15 35° 22°
16 36° 22°	17 36° 21°	18 35° 20°	19 34° 20°	20 34° 19°	21 34° 18°	22 33° 18°
23 33° 18°	24 34° 19°	25 34° 19°	26 34° 18°	27 33° 17°	28 32° 16°	29 31° 16°

TEMPERATURE GRAPH



EVERGREEN WORDS OF WISDOM

सर्वतीर्थमयी माता सर्वदेवमयः पिता ।
मातरं पितरं तस्मात् सर्वयत्नेन पूजयेत् ।
हिन्दी अर्थ : मनुष्य के लिये उसकी माता सभी तीर्थों के समान तथा पिता सभी देवताओं के समान पूजनीय होते हैं । अतः उसका यह परम कर्तव्य है कि वह उनका अच्छे से आदर और सेवा करे ।

English Translation
To a person his mother is an object of veneration and his father is like all the Gods combined. It is, therefore, his sacred duty that he should revere and serve both of them with utmost care and attention.

परवाच्यो निपुणः सर्वो भवति सर्वदा ।
आत्मवाच्यं न जानीते जानन्नपि च मुमुक्षुति । ।
हिन्दी अर्थ : हर एक मनुष्य दूसरे के दोष दिखाने में प्रवीण होता है । अपने खुद के दोष या तो उसे नजर नहीं आते, या फिर वह उस दोषों की अनदेखी करता है ।

English Translation
Everyone is always expert in finding out (and talking about) faults/short cummings of another person. He either does not know his own faults or even after knowing he keeps quiet about it.

इच्छाशक्ति

एक बार गौतम बुद्ध से उनके एक शिष्य ने सवाल पूछा कि गुरुजी, "जल, अग्नि, वायु आदि इन सब तत्वों में से सबसे ज्यादा शक्तिशाली तत्व कौन सा है ?"
गौतम बुद्ध ने उन्हें जवाब दिया कि सबसे ज्यादा शक्तिशाली पत्थर (पृथ्वी) है क्योंकि यह कठोर है । पत्थर है तो कठोर परंतु यह लोहे की छोट सहन नहीं कर पाता । लोहे का हथौड़ा पत्थर के टुकड़े-टुकड़े कर देता है इसलिए लोहा पत्थर से भी ज्यादा शक्तिशाली है । पर अगर हम बात करें आग की तो आग लोहे से भी ज्यादा शक्तिशाली है क्योंकि लुहार आग की भाँड़ी में लोहे को गलाकर उसे भी मल्लाहा आकार दे सकता है । इस प्रकार शक्तिशाली आग मजबूत लोहे की ताकत को कम कर देती है ।

लोहे से ताकतवर आग कितनी भी भायलक क्यों न हो, जल उस भाइकी हुई आग को भी शांत कर देता है, जिससे जल आग से भी ज्यादा शक्तिशाली हो जाता है । आग को ठंडा कर देने वाले जल के बने हुए बादलों को वायु उड़कर कहीं से कहीं ले जाती है और वायु हल्की होने हुए जल से भी अधिक शक्तिशाली हो जाती है । वायु जो सब दिशाओं में घूमती है हमारी इच्छाशक्ति इस वायु की दिशा को भी मोड़ सकती है इसलिए सबसे अधिक कोई तत्व शक्तिशाली है तो वो है हमारी इच्छाशक्ति । मनुष्य की इच्छाशक्ति से आलशाली तत्व और कोई नहीं हो सकता । इच्छाशक्ति से किया गया काम हमेशा सफलता के मार्ग पर ही लेकर जाता है । इसलिए हमें अगर सफल होना है तो हर काम अपनी इच्छाशक्ति से ही करना चाहिए । हम सफल नहीं हो पाते हैं जब हम दूसरों की नहीं बल्कि खुद अपनी इच्छा से किसी काम में अपना सौ पनिसत देने हैं ।

संदेश : अगर हम कोई काम अपनी इच्छाशक्ति से करें तो हमें उसमें सफलता ज़रूर मिलती है ।
ब्रह्मगोप अभिषेची विठलमी

STUDENT COUNSELLING SESSIONS HELD DURING SEPTEMBER 2022

COUNSELLING CONDUCTED BY THE PRINCIPAL

Principal Dr Saksham Singh, on very lovingly and patiently observing and interacting with Harpreet Singh and Gurtaj Singh, two teens from class XII, discovered that they have a wonderful creative streak. On being encouraged, they created beautiful pencil sketches of S.Bhagat Singh and other revolutionaries which were exhibited for all to see and admire.

Deepak from class IX was motivated to practice yoga every morning, under guidance

of the school Yoga instructor, to help him stay calm and improve his power of concentration. He has since, shown improvement in his grades as well as general performance.



Creations of budding Picassos Harpreet Singh and Gurtaj Singh

COUNSELLING SESSIONS CONDUCTED BY THE SCHOOL COUNSELLOR: SEPTEMBER 2022

DATE	CLASS	TOPIC COVERED
01.09.2022	XI B,D,F XII A	Class Activity and Discussion on Effective Communication Skills. Class activity and Discussion on Interpersonal Skills.
02.09.2022	XI A, D	Class activity and Discussion on Interpersonal Skills.
07.09.2022	XII A, B, C	Class XII Students visited LPU for Career Counselling along with their Class Teachers.
10.09.2022	XII B,C,D XI D	Class talk and discussion on Time Management.
12.09.2022	IX C, F XI C, E	Class talk and discussion on Time Management.
13.09.2022	IX J X C XII E	Class talk and discussion on Time Management.
13.09.2022	Parents and Students of Class IX	An online Orientation session in MS Teams was conducted by atfirstpage, a startup by the Department for Promotion of Industry and Internal Trade, Government of India at 1700hrs on Career Counselling.
14.09.2022	X A, E, J XI A	Class talk and discussion on Time Management.
14.09.2022	Parents and Students of Class X	An online Orientation session in MS Teams was conducted by atfirstpage, a startup by the Department for Promotion of Industry and Internal Trade, Government of India at 1700hrs on Career Counselling.
15.09.2022	IX A XI B, F	Class talk and discussion on Time Management.
16.09.2022	XI G XII A	Class talk and discussion on Time Management.
26.09.2022	XI D, E, F, G	An online Orientation session in MS Teams was conducted by atfirstpage, a startup by the Department for Promotion of Industry and Internal Trade, Government of India at 1700hrs on Career Counselling (Careers in Commerce and Humanities).
27.09.2022	XI A, B, C XI (Interested student)	An online Orientation session in MS Teams was conducted by atfirstpage, a startup by the Department for Promotion of Industry and Internal Trade, Government of India at 1700hrs on Career Counselling (Careers in Sciences).
27.09.2022	XI (Interested students)	Upcoming Career Trends.

Individual Counselling for the students on Study Skills, Time Management, Career related queries and Adjustment issues is being done.

During Class Counseling Sessions, all students are encouraged to send personal messages to the counsellor for individual counselling, if required and follow-up is done.

Counseling for parents is also being done on a priority basis to empower parents and students to develop skills for a smooth transition from online to offline studies.

IN SERVICE TRAINING SESSIONS ATTENDED BY FACULTY MEMBERS: SEPTEMBER 2022

S No	Workshop	Attended By/Venue
1	FDRC Webinar No. 11/2022 from 29 Aug to 02 Sep 2022	Tr Ms Kamna Dhingra, PRT and Mr. Vikas Bhardwaj, PRT
2	FDRC Webinar No 12 on Capacity Building Programme For School Counselors: 06-09 Sep 2022	Tr Ms Vibha Bhardwaj, School Counsellor
3	FDRC Webinar No. 13/2022 from 12 to 16 Sep 2022	Tr Ms Priti R. Sharma, PRT and Tr Ms. Rukshi Dhamija, PRT
4	FDRC Webinar No. 14/22-23 from 19-23 Sep 2022 on Pedagogy of Physics.	Tr Mr Puneet Sharma, PGT Physics
5	FDRC Webinar No.15 from 26-30 September	Tr Ms Mamta Ghosh, PRT



WE ARE PROUD OF...

Tr Mr Pawandeep Singh, TGT Science was honoured by The Rotary Club on occasion of Teachers Day for his dedication to duty.



Dr SPS Grover Chairman Jalandhar Rotary Club honouring Tr Mr Pawandeep Singh



Certificate and Memento awarded to Tr Mr Pawandeep Singh



WE ARE LOOKING FORWARD TO...

FORTHCOMING ACTIVITIES: OCTOBER 2022

- 14 OCT 2022:** Candle, Diya & Thali Decoration Club Activities
- 16 OCT 2022:** Inter House English Story Narration
- 21 OCT 2022:** Diwali Corner Decoration
Candle/Diya Decoration
- 28 OCT 2022:** Paper Collage Making
Inter House GK Quiz
CBSE Activities
- 22 OCT 2022:** PARENT TEACHER MEET



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